

# SDMA 實戰攻略

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# 講座目標



- 什麼是SDMA
- SDMA, Cre 不同情境病例分享
- 關於CKD, SDMA，我該記得什麼



1 in 3  + 1 in 10 

will develop kidney disease.

# Symmetric Dimethylarginine

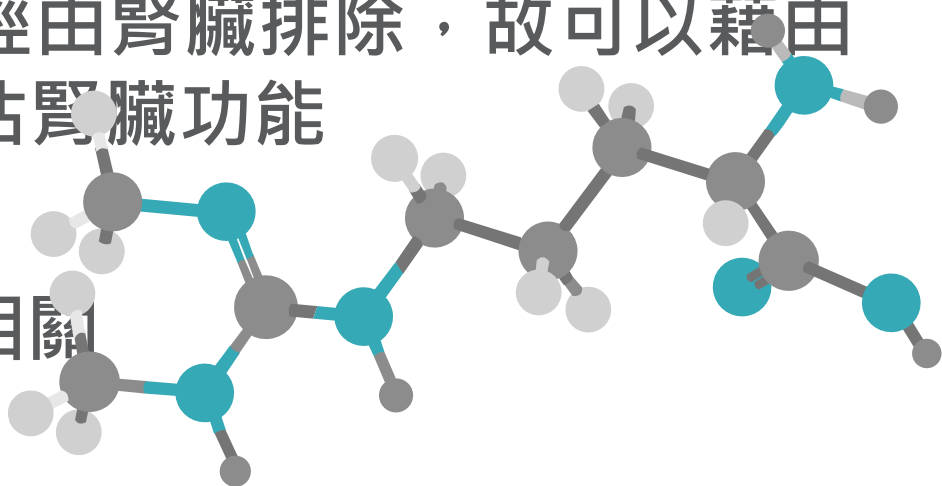
– SDMA = 對稱二甲基精氨酸



- 體內有核細胞產生甲基精氨酸 (Methylated arginine) ，在蛋白質代謝降解的過程SDMA釋放到血液中

– SDMA由於幾乎完全經由腎臟排除，故可以藉由血中濃度的測量來評估腎臟功能

– 與絲球體濾過率GFR相關





# SDMA 三大關鍵

Biomarker for kidney function

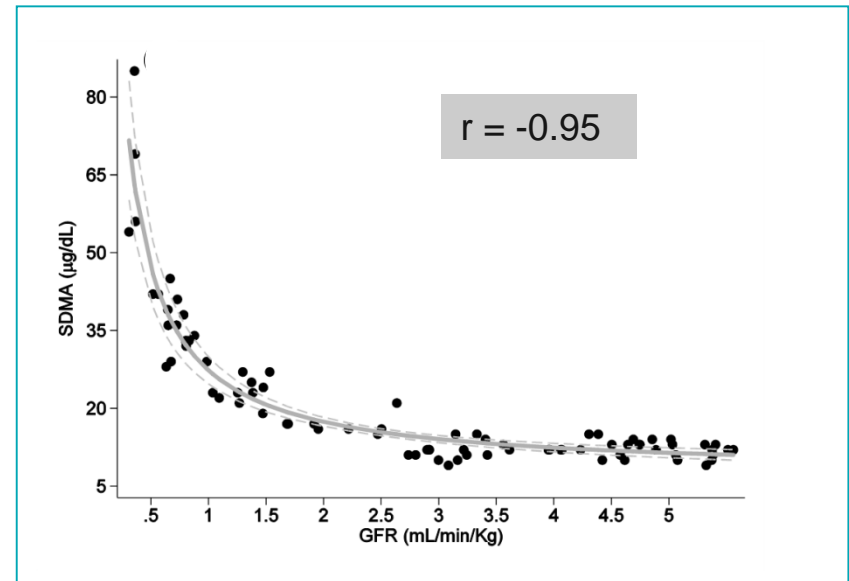
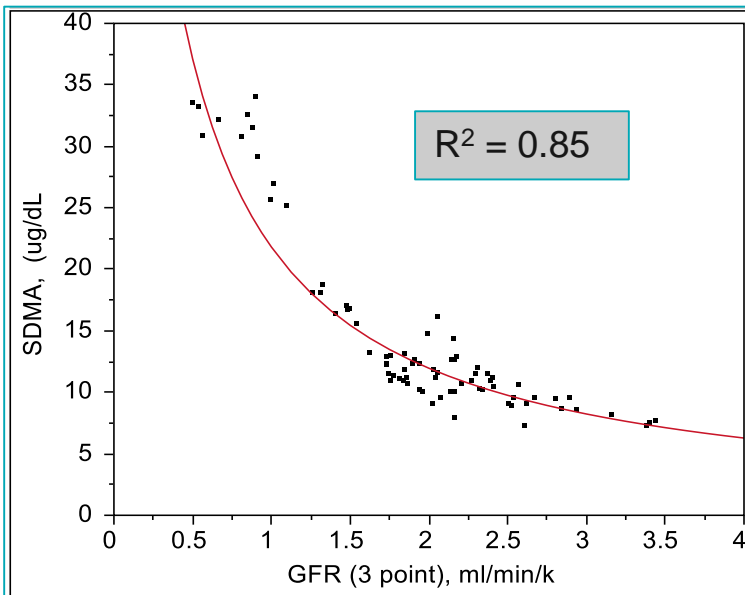
Increases earlier than creatinine

Specific for kidney function

# SDMA : 良好的腎臟指標



# SDMA vs. GFR 狗篇



## Reference

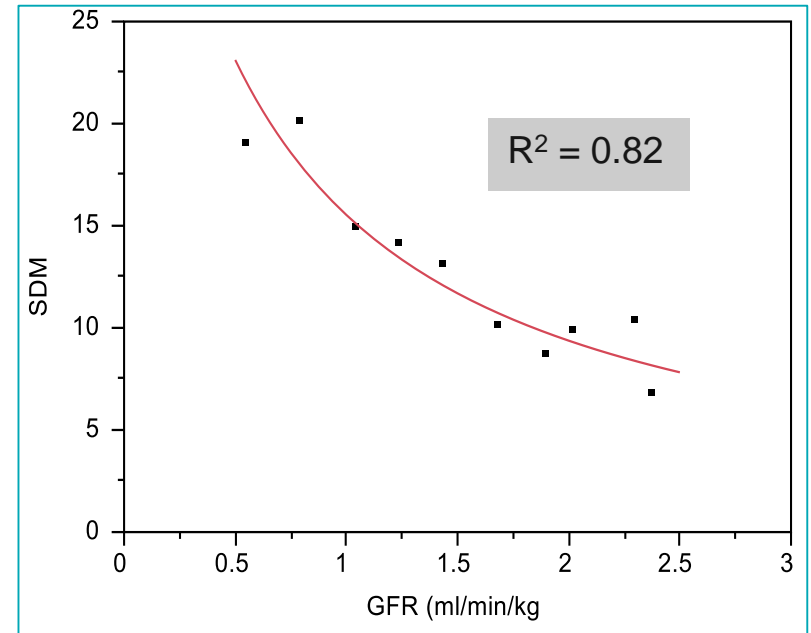
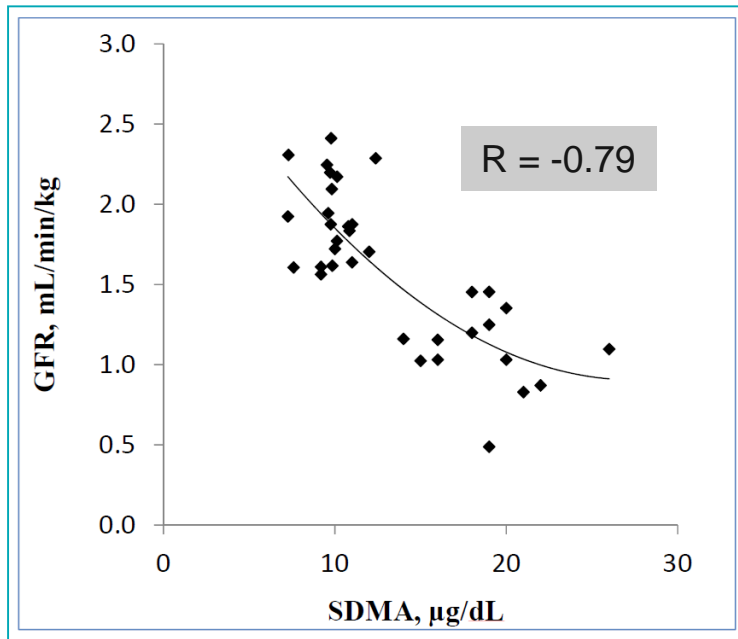
As observed by Mary Naby, DVM, PhD,  
DAVCP, Texas A&M University  
Publication pending

## Reference

Naby MB, Lees GE, Boggess MM, Yerramilli M, et al. SDMA assay validation, stability, and evaluation as a marker for early detection of chronic kidney disease in dogs. J Vet Intern Med 2015. (Accepted pending revisions; resubmitted with requested revisions)



# SDMA vs. GFR 貓篇



## Reference

Hall JA, Yerramilli M, Obare E, Yerramilli M, Jewell DE. Comparison of serum concentrations of symmetric dimethylarginine and creatinine as kidney function biomarkers in cats with chronic kidney disease. *J Vet Intern Med.* 2014;28(6):1676–1683.

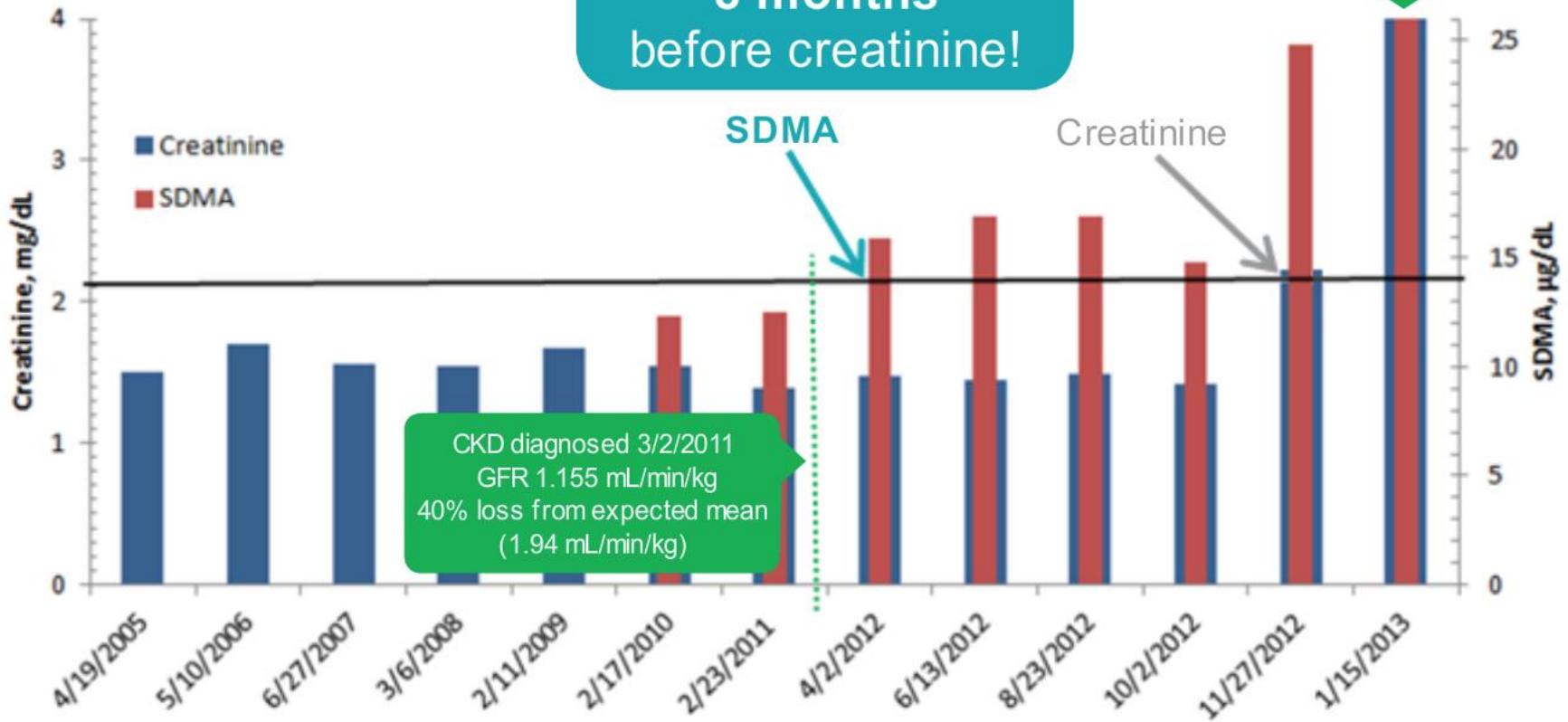


## Reference

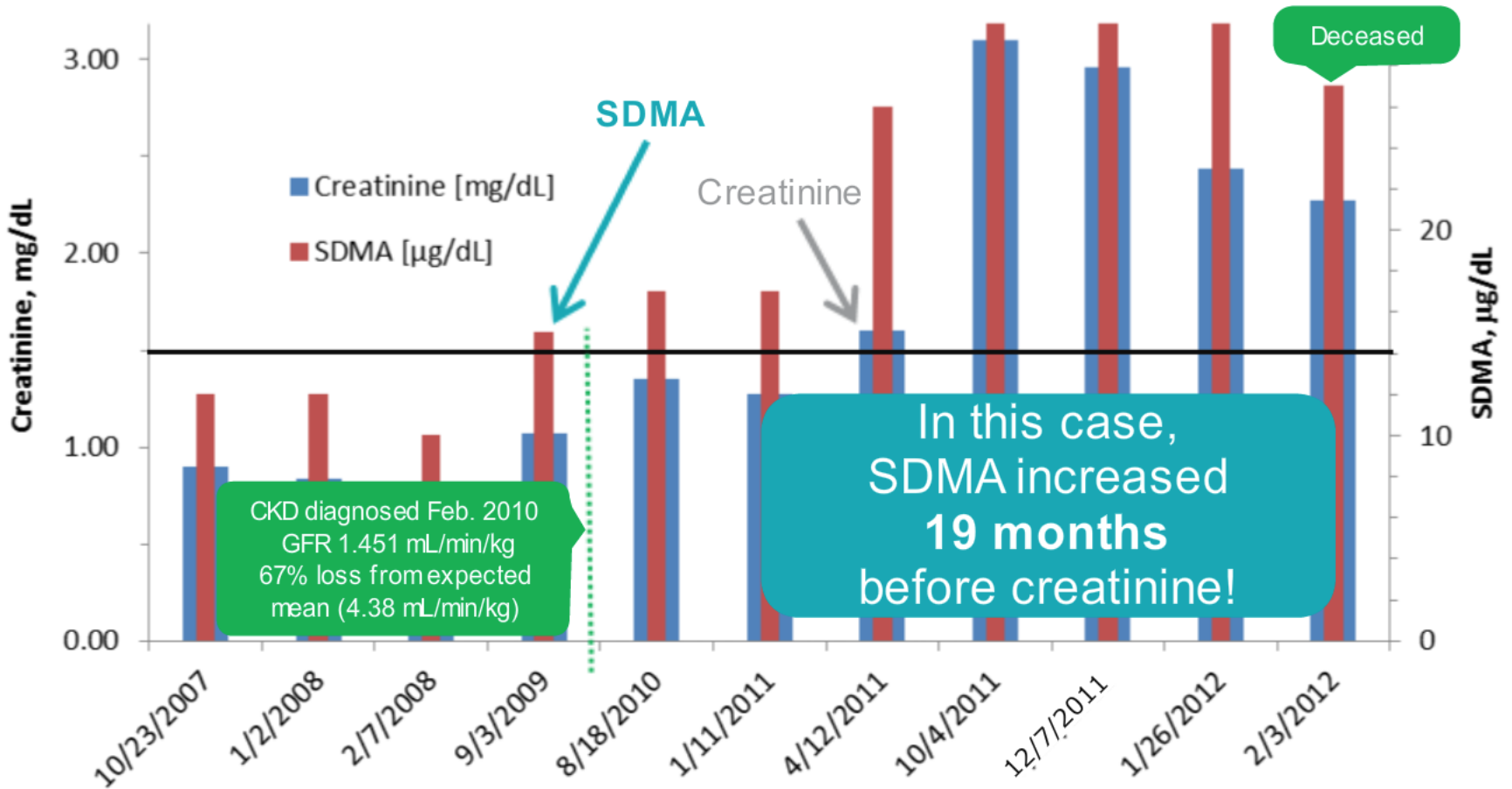
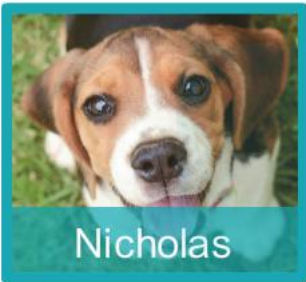
Braff J, Obare E, Yerramilli M, Elliott J, Yerramilli M. Relationship between serum symmetric dimethylarginine concentration and glomerular filtration rate in cats. *J Vet Intern Med.* 2014;28(6):1699–1701.



In this case, SDMA increased 8 months before creatinine!

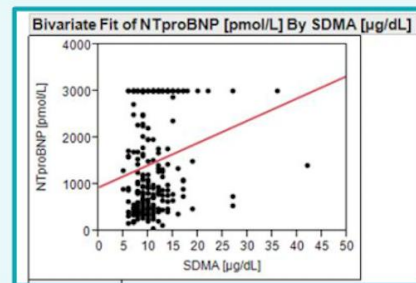
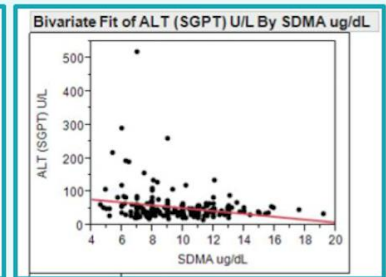
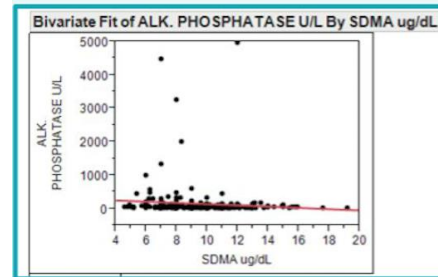
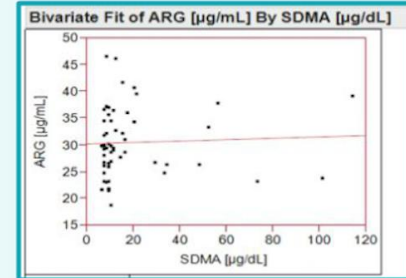




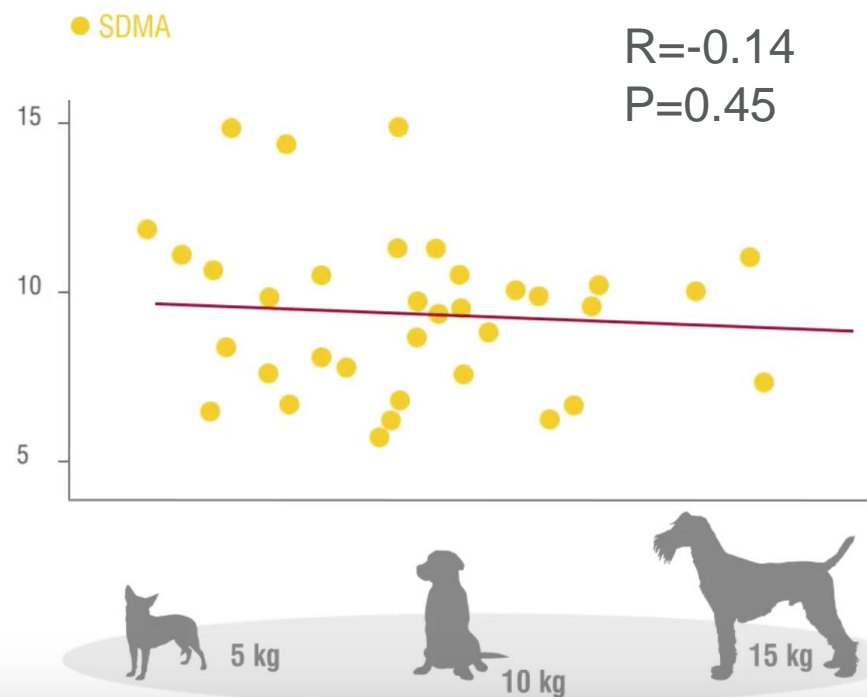
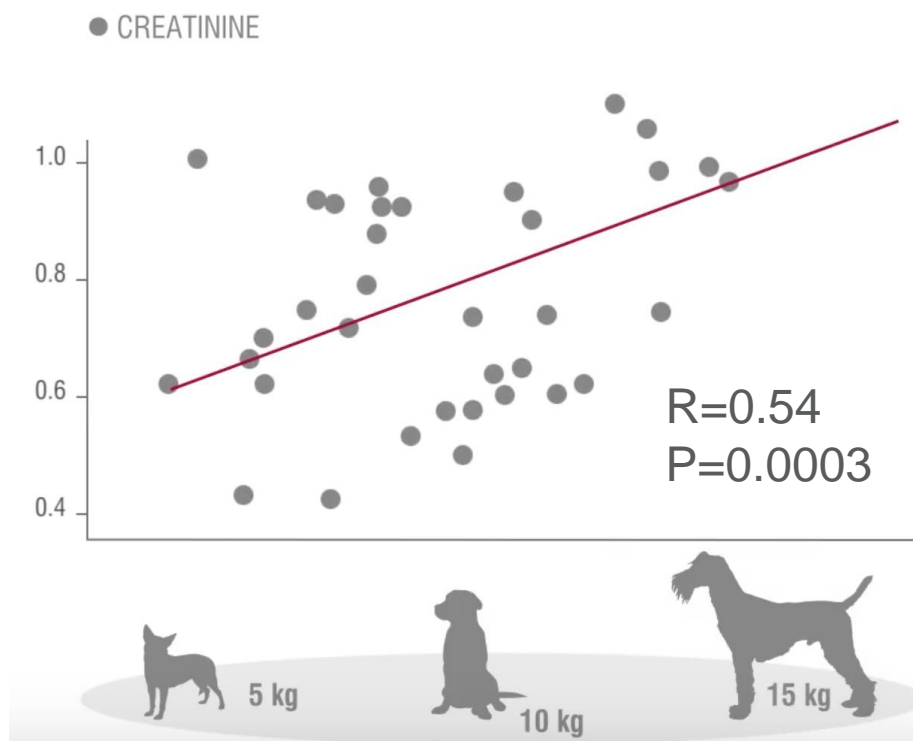


# SDMA 不受其他因子影響

- 血清中Arginine 含量
- 飲食
- 肝臟疾病
- 肝指數
- 心臟疾病
- 發炎反應
- 糖尿病



# SDMA 不像Cre受肌肉影響





## **Biomarker for kidney function**

- SDMA is excreted by the kidneys.
- SDMA highly correlates with glomerular filtration rate (GFR).



## **Increases earlier than creatinine**

- SDMA increases with on average 40% loss and as little as 25% loss of kidney function; however, creatinine increases when up to 75% loss of kidney function.



## **Specific for kidney function**

- SDMA is not impacted by external factors.
- SDMA is not impacted by lean body mass.



有了工具，準備上戰場



# Diagnosing, Staging, and Treating Chronic Kidney Disease in Dogs and Cats

Chronic kidney disease (CKD) is diagnosed based on evaluation of all available clinical and diagnostic information in a stable patient. The IRIS Board continues to recommend using creatinine, a widely available and well understood test, to diagnose and stage CKD. Symmetric dimethylarginine (SDMA), a new marker of kidney function, may be a useful adjunct for both diagnosis and staging of CKD.



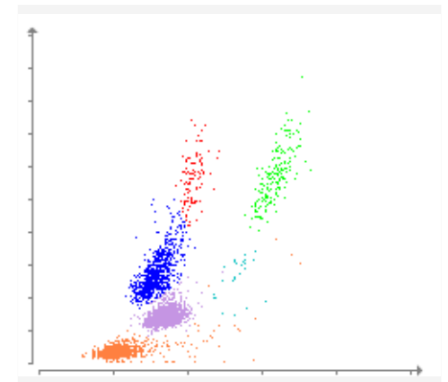
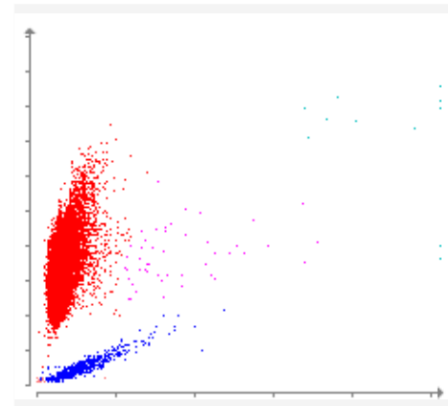
# Case 1 小鳳

- 11y/o FS DSH
- History: idiopathic feline hepatic lipidosis 四年前
- Normal ASUD
- 想做年度健檢
  
- BE: BCS: 5/9, NSF



5/3/18 11:45 AM

TEST	RESULT	REFERENCE VALUE
RBC	9.61	6.54 - 12.2 M/ $\mu$ L
Hematocrit	38.2	30.3 - 52.3 %
Hemoglobin	12.8	9.8 - 16.2 g/dL
MCV	39.8	35.9 - 53.1 fL
MCH	13.3	11.8 - 17.3 pg
MCHC	33.5	28.1 - 35.8 g/dL
<b>RDW</b>	<b>27.2</b>	<b>15.0 - 27.0 %</b>
% Reticulocyte	0.2	%
Reticulocyte	17.3	3 - 50 K/ $\mu$ L
WBC	3.91	2.87 - 17.02 K/ $\mu$ L
% Neutrophil	67.2	%
% Lymphocyte	24.6	%
% Monocyte	2.8	%
% Eosinophil	4.6	%
% Basophil	0.8	%
Neutrophil	2.63	1.48 - 10.29 K/ $\mu$ L
Lymphocyte	0.96	0.92 - 6.88 K/ $\mu$ L
Monocyte	0.11	0.05 - 0.67 K/ $\mu$ L
Eosinophil	0.18	0.17 - 1.57 K/ $\mu$ L
Basophil	0.03	0.01 - 0.26 K/ $\mu$ L
Platelet	287	151 - 600 K/ $\mu$ L
MPV	15.1	11.4 - 21.6 fL
Plateletcrit	0.43	0.00 - 0.79 %



# Chemistry



5/3/18  
11:58 AM

➤  Glucose	119	71 - 159 mg/dL	
➤  Creatinine	1.9	0.8 - 2.4 mg/dL	
➤  BUN	22	16 - 36 mg/dL	
➤ BUN: Creatinine Ratio	12		
➤  Phosphorus	3.3	3.1 - 7.5 mg/dL	
➤  Calcium	9.3	7.8 - 11.3 mg/dL	
➤  Sodium	158	150 - 165 mmol/L	
➤  Potassium	3.9	3.5 - 5.8 mmol/L	
➤ Na: K Ratio	40		
➤  Chloride	119	112 - 129 mmol/L	
➤  Total Protein	7.3	5.7 - 8.9 g/dL	
➤  Albumin	3.0	2.3 - 3.9 g/dL	
➤  Globulin	4.3	2.8 - 5.1 g/dL	
➤ Albumin: Globulin Ratio	0.7		
➤  ALT	30	12 - 130 U/L	
➤  ALP	29	14 - 111 U/L	
➤  GGT	0	0 - 4 U/L	
➤  Bilirubin - Total	0.2	0.0 - 0.9 mg/dL	
➤  Cholesterol	98	65 - 225 mg/dL	
Osmolality	316	mmol/kg	



5/3/18

9:49 PM

 **IDEXX SDMA**

Learn More

b **20** 0 - 14 µg/dLb **SDMA :**

如果 SDMA 及肌酸酐 (Creatinine) 兩者都落在參考區間內，那麼腎臟功能則可能是良好的。請評估完整的尿液分析並確認這裡沒有任何其他腎臟疾病的證據。

如果 SDMA 升高，但是肌酸酐卻落在參考區間內。SDMA 檢測相較於肌酸酐是一種更敏銳的腎臟功能指標，因為 SDMA 早期偵測腎臟功能下降，且不受肌肉發達影響。肌酸酐可能錯失早期功能喪失，且在肌肉不發達的患病動物中錯誤減少。SDMA 在急性和主動性損傷，以及慢性腎臟病中增加。應該進行一個完整的尿液分析以評估不當比重、蛋白尿及其他腎臟疾病的證據。有關建議行動的資訊，請瀏覽

[idexx.com/SDMAalgorithm](http://idexx.com/SDMAalgorithm)。

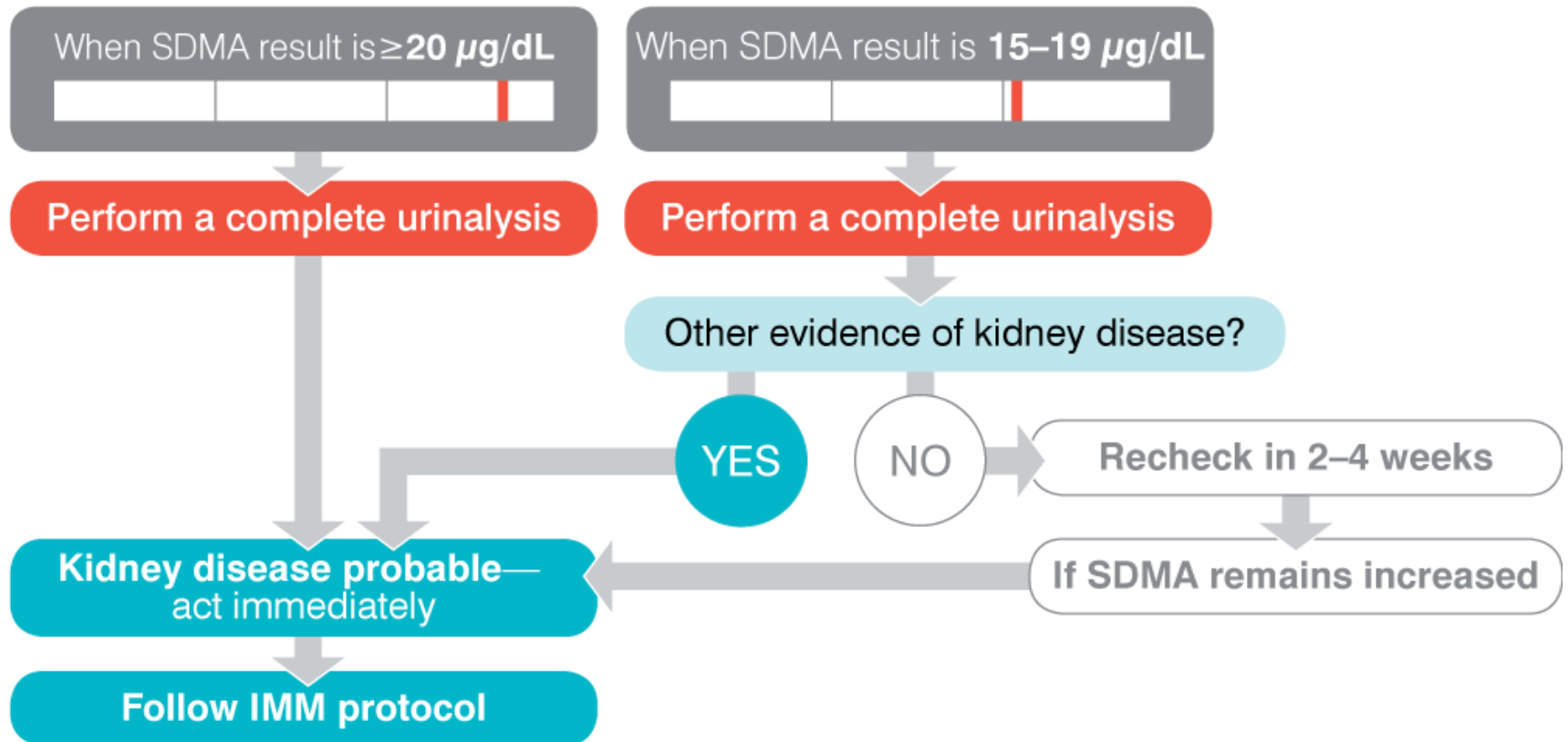
如果 SDMA 落在參考區間內並且肌酸酐值是升高的。這種結果組合不常見。SDMA 和肌酸酐可能同時受生物及檢測變異性影響，導致在參考區間上限附近波動；這可在管理良好的穩定慢性腎臟病發現，且結果可能與疾病惡化一致。肝臟功能正常、肌肉發達的狗，其肌酸酐值可能會超過參考區間值。肌酸酐可在餐後人為增加。如果仍懷疑有腎臟疾病，應該於所有患病動物進行一個完整的尿液分析以評估不當比重、蛋白尿或其他腎臟疾病的證據。

如果 SDMA 及肌酸酐兩者都呈現升高狀態，那麼可能有腎臟疾病且應採取行動。應該進行一個完整的尿液分析以評估不當尿比重、蛋白尿或其他腎臟疾病的證據。有關建議行動的資訊，請瀏覽

[idexx.com/SDMAalgorithm](http://idexx.com/SDMAalgorithm)。



# 下一步該怎麼做？

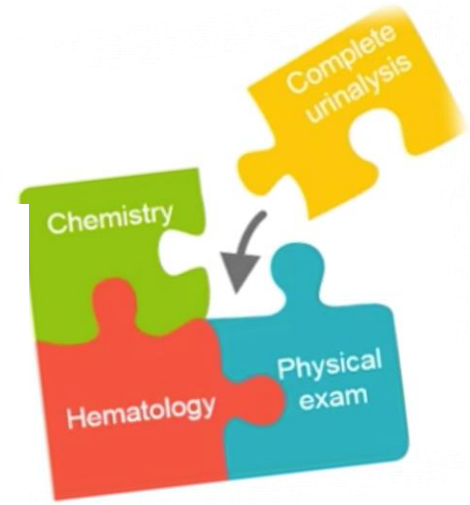


# Urinalysis



5/3/18 11:44 AM

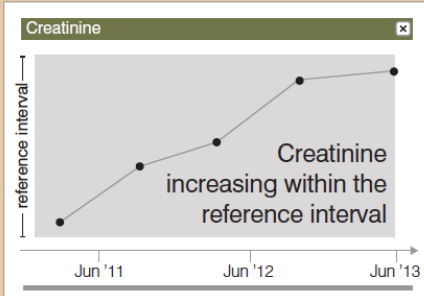
TEST	RESULT
Collection	Cystocentesis
Color	Pale Yellow
Clarity	Clear
Specific Gravity	1.023
pH	6.5
Urine Protein	neg
Glucose	neg
Ketones	neg
Blood / Hemoglobin	250
Bilirubin	neg
Urobilinogen	norm



## To diagnose early CKD

One or more of these diagnostic findings

1

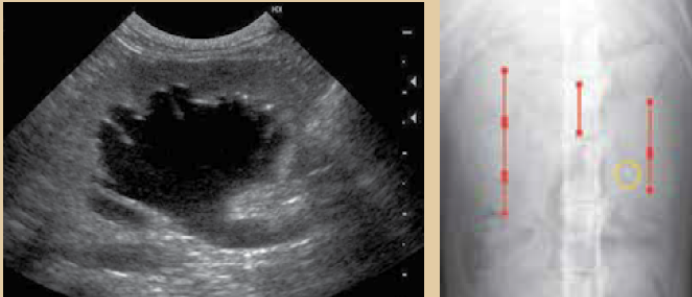


2

Persistent increased  SDMA > 14  $\mu\text{g/dL}$

3

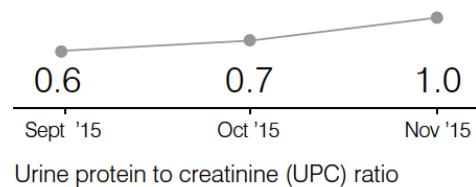
Abnormal kidney imaging



4

Persistent renal proteinuria

UPC > 0.5 in dogs; UPC > 0.4 in cats



OR

## To diagnose more advanced CKD

Both of these diagnostic findings

Increased creatinine and SDMA concentrations

Creatinine

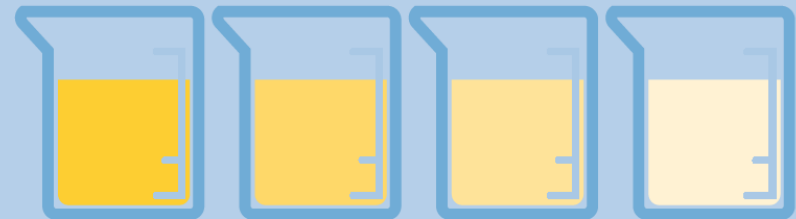
SDMA

Results of both tests should be interpreted in light of patient's hydration status.

plus

Urine specific gravity < 1.030

Urine specific gravity < 1.035



1.030 Canine 1.008

1.035 Feline 1.008

# 早期腎臟疾病診斷的下一步

## Investigate

### To identify an underlying cause, perform:

- Urine culture and MIC susceptibility
- Infectious disease testing (Lyme disease, leptospirosis, ehrlichiosis, FeLV, FIV, FIP, toxoplasmosis)
- Diagnostic imaging (stones, pyelonephritis)
- History/possibility of toxin exposure?
- History/exposure to potentially nephrotoxic drugs?

### For confounding conditions, assess:

- Hydration status
- Blood pressure
- Urine protein:creatinine ratio
- Thyroid status

## Manage

### Treat appropriately

- Underlying disease if identified
- Clinical dehydration
- Persistent hypertension
- Persistent proteinuria
- Hyperthyroidism

### Provide kidney support immediately

- Feed kidney-supportive diet
- Provide fresh, clean water sources
- Discontinue all potentially nephrotoxic drugs if possible

### Adjust anesthesia protocols

- Provide intravenous fluids, before, during, and upon recovery
- Provide oxygen, before, during, and upon recovery
- Maintain and monitor blood pressure and body temperature
- If needed, use narcotic for pain management

## Monitor

### Underlying or confounding disease identified

Monitor as indicated

### Underlying or confounding disease not identified

Recheck in 2 weeks

### SDMA returns to normal

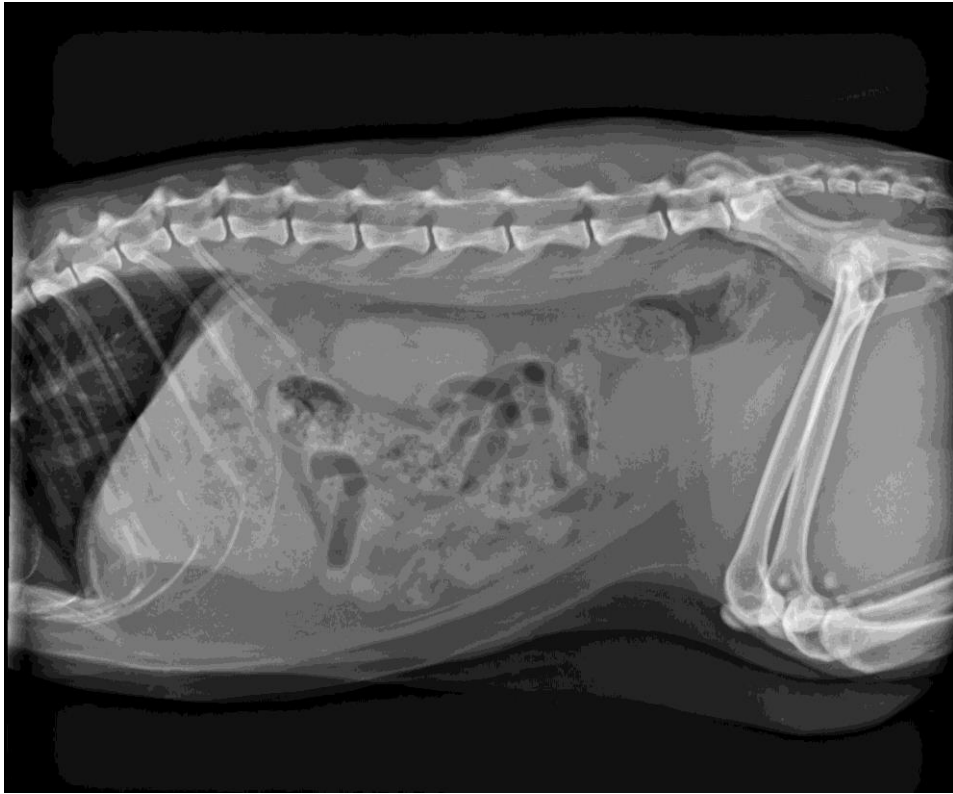
- Kidney function has returned to normal
- Monitor confounding conditions and other underlying disease if present

### SDMA remains increased but stable

- If SDMA and creatinine are stable, chronic kidney disease (CKD) is diagnosed
- Initiate appropriate treatment based on International Renal Interest Society (IRIS) CKD staging

### SDMA continues to increase

- If SDMA and/or creatinine are increasing, consider ongoing, active kidney injury
- Perform additional diagnostics to determine cause and to guide treatment





## Chemistry

6/26/18

10:41 AM

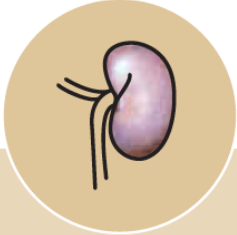
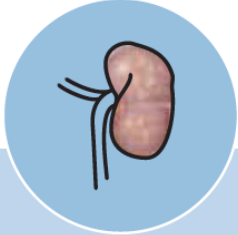






<a href="#">▶</a> <b>IDEXX SDMA</b> <a href="#">▶ Learn More</a>	<sup>a</sup> <b>17</b>	0 - 14 µg/dL	
<a href="#">▶</a> Creatinine	1.7	0.8 - 2.4 mg/dL	
<a href="#">▶</a> BUN	20	16 - 36 mg/dL	
<a href="#">▶</a> BUN: Creatinine Ratio	11		
<a href="#">▶</a> Phosphorus	3.7	3.1 - 7.5 mg/dL	

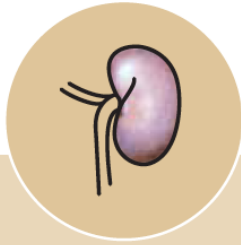
<sup>a</sup> **SDMA :**

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# Step 2: Stage CKD

					
		Stage 1 No azotemia	Stage 2 Mild	Stage 3 Moderate	Stage 4 Severe
<b>Creatinine</b> in mg/dL	Stage based on stable creatinine				
	Canine	< 1.4	1.4–2.0	2.1–5.0	> 5.0
	Feline	< 1.6	1.6–2.8	2.9–5.0	> 5.0
 <b>SDMA</b> in µg/dL		> 14	> 14	Moderately increased	Markedly increased
			≥ 25		
				≥ 45	
 Consider understaged based on creatinine					
<b>UPC ratio</b>					
Substage based on proteinuria	Canine	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.5	Proteinuric >0.5	
	Feline	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.4	Proteinuric >0.4	
<b>Systolic blood pressure</b> in mm Hg					
Substage based on blood pressure		Normotensive <150    Borderline hypertensive 150–159			
		Hypertensive 160–179    Severely hypertensive ≥180			

# Step 3: Treat CKD



## Stage 1 No azotemia

Investigate for and treat underlying disease

Treat hypertension if systolic blood pressure persistently >160 or evidence of end-organ damage

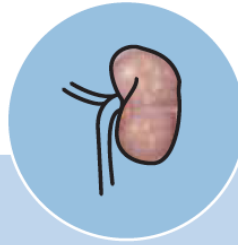
Treat persistent proteinuria with therapeutic diet and medication (UPC >0.5 in dogs; UPC >0.4 in cats)

s Keep phosphorus <4.6 mg/dL  
If required, use kidney therapeutic diet +/- phosphate binder

Use with caution potentially nephrotoxic drugs

Correct prerenal and postrenal abnormalities

Fresh water available at all times



## Stage 2 Mild

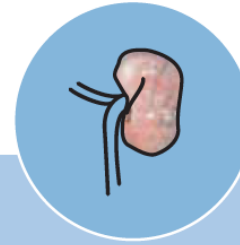
Same as Stage 1

Kidney therapeutic diet

Treat hypokalemia in cats

Treat metabolic acidosis

If ■ SDMA ≥ 25, consider treatment for Stage 3



## Stage 3 Moderate

Same as Stage 2

Keep phosphorus <5.0 mg/dL

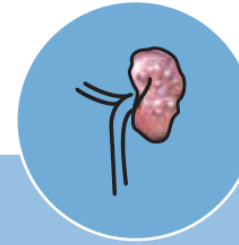
Treat anemia (PCV <25% in dogs; PCV <20% in cats)

Treat vomiting/inappetence/nausea

Consider subcutaneous and/or enteral fluids to maintain hydration

Consider calcitriol therapy in dogs

If ■ SDMA ≥ 45, consider treatment for Stage 4



## Stage 4 Severe

Same as Stage 3

Keep phosphorus <6.0 mg/dL

Consider feeding tube for nutritional and hydration support and for ease of medicating

# 處方食品® k/d® Early Support 貓糧



蛋白質上升14%

(k/d:30.1% vs early  
k/d:34%)

必需氨基酸比例：AAFCO  
160%

Omega 3, L-carnitine  
二個月回診追蹤

# 小鳳 小總結

- Cre 正常， SDMA 上升
- 搭配完整尿檢
- SDMA 早期診斷腎臟疾病 ( 25-40%)
- Early chronic kidney disease!





回顧小鳳的故事...

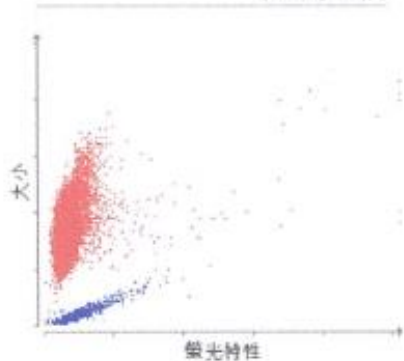
# Case 1 小鳳 回顧

## 全血球細胞計數

檢驗項目	檢驗結果	參考區間	低	參考範圍	高
ProCyte Dx (2018年5月3日 上午 11:45)					
RBC	9.61 M/ $\mu$ L	6.54 - 12.20			
HCT	38.2 %	30.3 - 52.3			
HGB	12.8 g/dL	9.8 - 16.2			
MCV	39.8 fL	35.9 - 53.1			
MCH	13.3 pg	11.8 - 17.3			
MCHC	33.5 g/dL	28.1 - 35.8			
RDW	27.2 %	15.0 - 27.0			高
%RETIC	0.2 %				
RETIC	17.3 K/ $\mu$ L	3.0 - 50.0			
WBC	3.91 K/ $\mu$ L	2.87 - 17.02			
%NEU	67.2 %				
%LYM	24.6 %				
%MONO	2.8 %				
%EOS	4.6 %				
%BASO	0.8 %				
NEU	2.63 K/ $\mu$ L	1.48 - 10.29			
LYM	0.96 K/ $\mu$ L	0.92 - 6.88			
MONO	0.11 K/ $\mu$ L	0.05 - 0.67			
EOS	0.18 K/ $\mu$ L	0.17 - 1.57			
BASO	0.03 K/ $\mu$ L	0.01 - 0.26			
PLT	287 K/ $\mu$ L	151 - 600			
MPV	15.1 fL	11.4 - 21.6			
PCT	0.43 %	0.00 - 0.79			

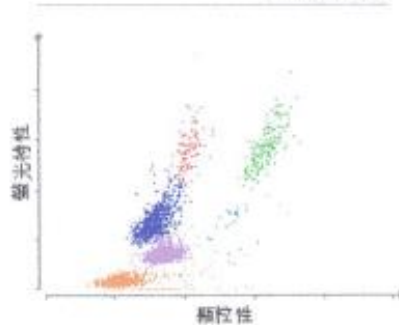
無貧血  
水合狀態正常

紅血球測試



- 紅血球 ■ 網狀紅血球 ■ 血小板 (PLT)
- 紅血球碎片 ■ 白血球

白血球測試



- 嗜中性白血球 (NEU) ■ 淋巴球 (LYM)
- 單核球 (MONO) ■ 嗜酸性球 (EOS)
- 嗜鹼性白血球 (BASO) ■ U紅血球



# Case 1 小鳳 回顧

血漿生化學檢查 (Chem 15套組 + 電解質 + TT4)

檢驗項目	檢驗結果	參考區間	低	參考範圍	高
Catalyst One (2018年5月3日 上午 11:58)					
GLU	119 mg/dL	71 - 159			
CREA	1.9 mg/dL	0.8 - 2.4			
BUN	22 mg/dL	16 - 36			
BUN/CREA	12				
PHOS	3.3 mg/dL	3.1 - 7.5			
CA	9.3 mg/dL	7.8 - 11.3			
TP	7.3 g/dL	5.7 - 8.9			
ALB	3.0 g/dL	2.3 - 3.9			
GLOB	4.3 g/dL	2.8 - 5.1			
ALB/GLOB	0.7				
ALT	30 U/L	12 - 130			
ALKP	29 U/L	14 - 111			
GGT	0 U/L	0 - 4			
TBIL	0.2 mg/dL	0.0 - 0.9			
CHOL	98 mg/dL	65 - 225			
Na	158 mmol/L	150 - 165			
K	3.9 mmol/L	3.5 - 5.8			
Na/K	40				
Cl	119 mmol/L	112 - 129			
Osm Calc	316 mmol/kg				
TT4	3.0 µg/dL	0.8 - 4.7			

GFR

腎小管

水合狀態

腎病

腎病

腎小管

水合狀態

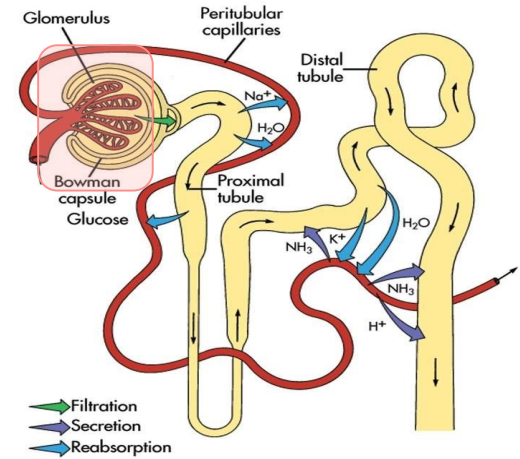
腎功能相關指數

GFR

檢驗項目	檢驗結果	參考區間	低	參考範圍	高
Catalyst One (2018年5月3日 下午 9:49)					
SDMA	20 µg/dL	0 - 14			高

# 腎功能評估: Glomerular filtration rate (GFR)

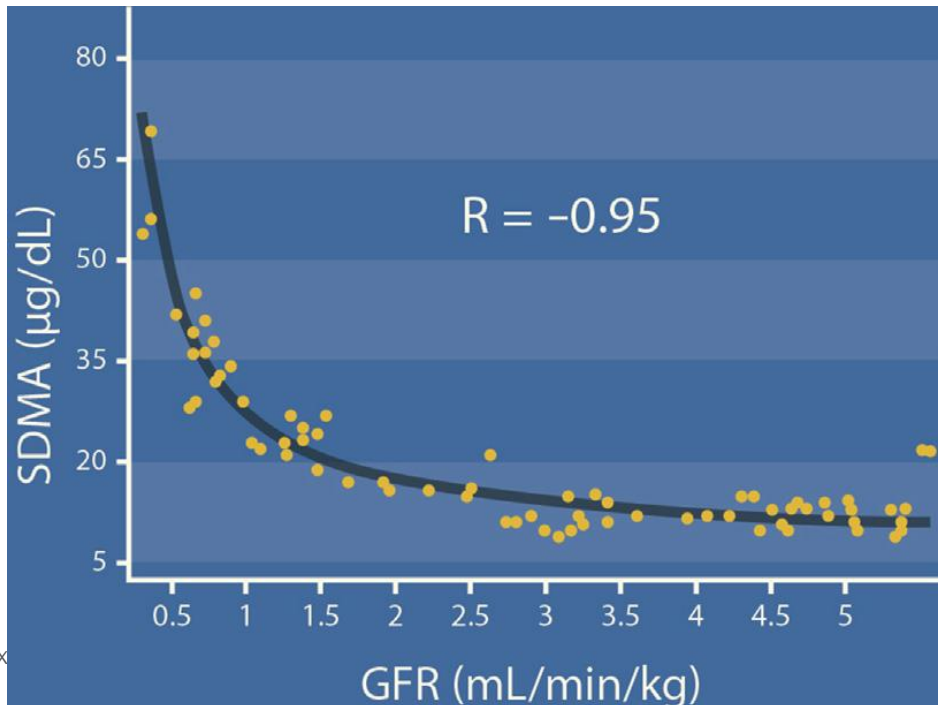
- BUN, CREA 是GFR的 晚期指標 (>75% 功能喪失)
- SDMA 是 更敏感的 GFR 指標



(From Thibodeau GA, Patton KT: Anatomy & physiology, ed 5, St Louis, 2003, Mosby.)

**SDMA** → 腎病 早期指標

(25 ~ 40 % 腎功能喪失)



Relford et al. Symmetric Dimethylarginine Improving the Diagnosis and Staging of Chronic Kidney Disease in Small Animals. *Vet Clin Small Anim* 46 (2016) 941–960.

Fig. 2. Serum SDMA correlates with decreasing GFR by iohexol clearance in affected male dogs with XLHN (R 5 0.95). (From Nabity NB, Lees GE, Boggess MM, et al. Symmetric dimethylarginine assay validation, stability, and evaluation as a marker for the detection of chronic kidney disease in dogs. *J Vet Intern Med* 2015;29:1040; with permission.)

# 研究顯示:

在患有慢性腎病的貓，血中SDMA比CREA平均提早了17個月 (1.5 – 48個月) 升高。

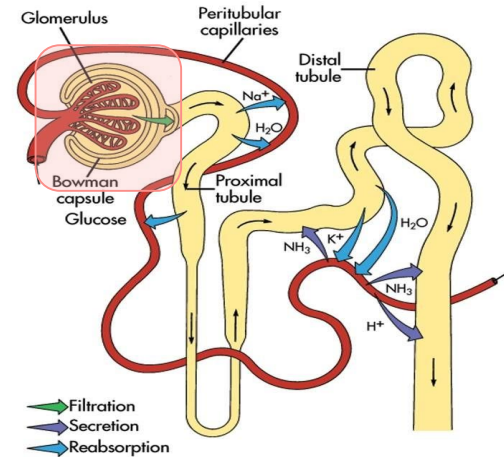
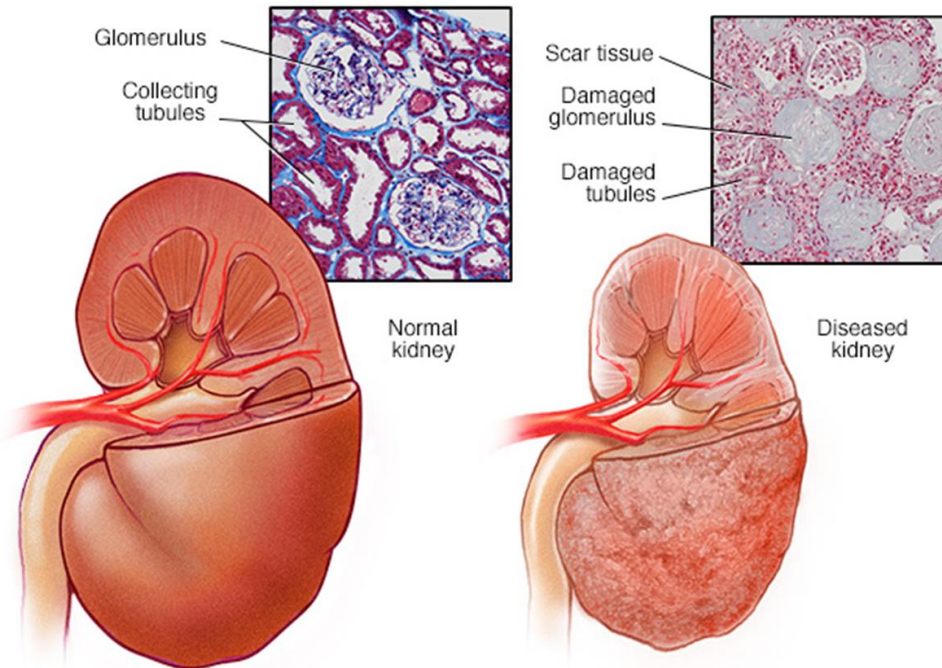


Comparison of Serum Concentrations of Symmetric Dimethylarginine and Creatinine as Kidney Function Biomarkers in Cats with Chronic Kidney Disease

Journal of Veterinary Internal Medicine

Volume 28, Issue 6, pages 1676-1683, 17 SEP 2014 DOI: 10.1111/jvim.12445

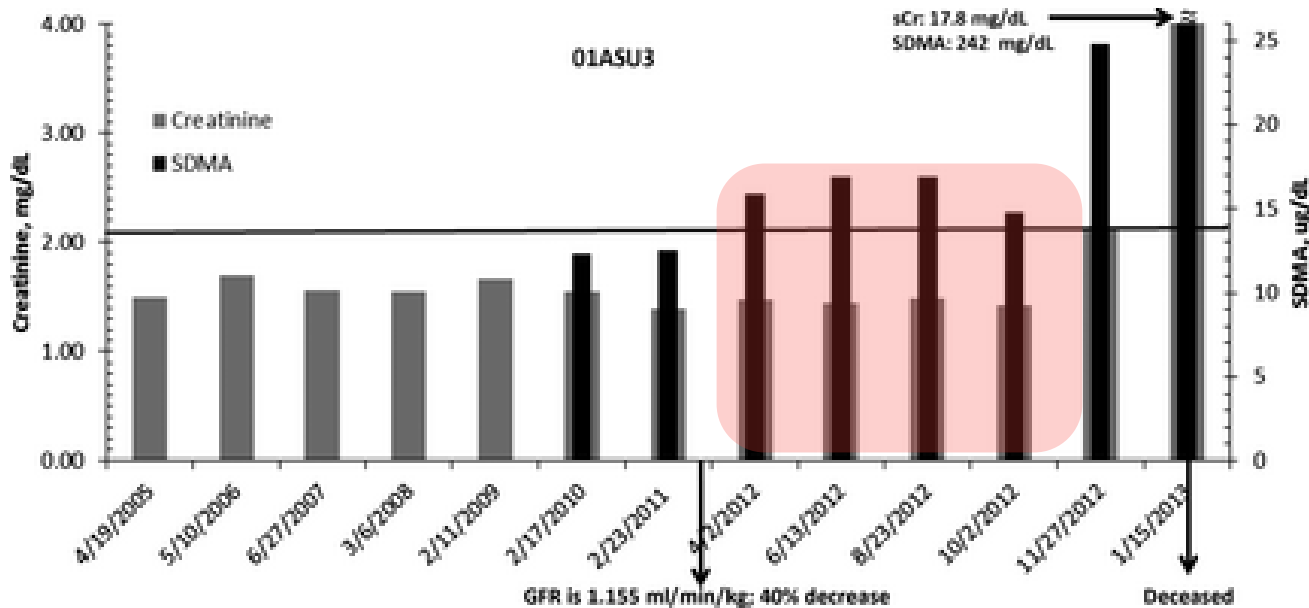
<http://onlinelibrary.wiley.com/doi/10.1111/jvim.12445/full#vim12445-fig-0002>



(From Thibodeau GA, Patton KT: Anatomy & physiology, ed 5, St Louis, 2003, Mosby.)

# 以此慢性腎病的貓為例： 血中SDMA升高比CREA早了八個月發生。

Comparison of Serum Concentrations of Symmetric Dimethylarginine and Creatinine as Kidney Function Biomarkers in Cats with Chronic Kidney Disease



Representative cat (01ASU3; born September 2001; neutered male) with serum symmetric dimethylarginine (SDMA; black bars) and sCr (gray bars) concentrations indicated across time. Glomerular filtration rate was measured in March 2011 and found to be 40% below the mean of 1.94 mL/min/kg for the feline population of the reference laboratory. Serum SDMA was increased in April 2012 (16  $\mu$ g/dL). The cat became azotemic in November 2012 (sCr, 2.12 mg/dL), approximately 8 months after serum SDMA was increased. The cat died in January 2013.

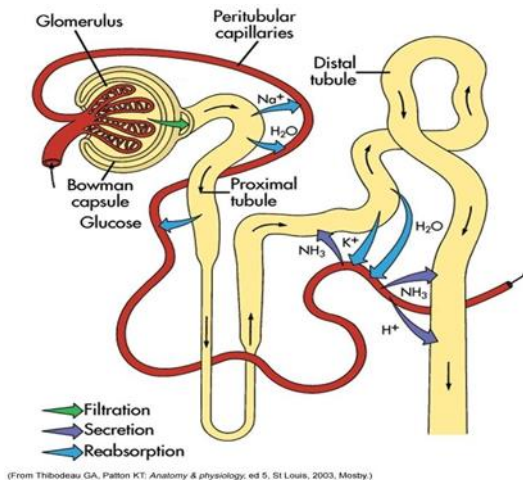
**Journal of Veterinary Internal Medicine**

Volume 28, Issue 6, pages 1676-1683, 17 SEP 2014 DOI: 10.1111/jvim.12445

<http://onlinelibrary.wiley.com/doi/10.1111/jvim.12445/full#jvim12445-fig-0002>

# Case 1 小鳳 回顧

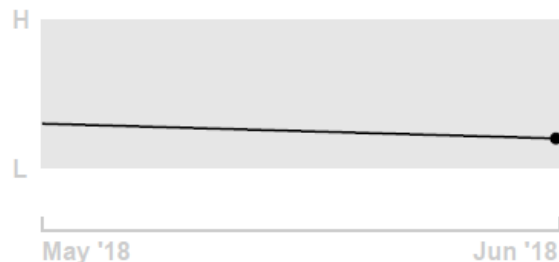
- 當GFR減少，血中SDMA 升高
- GFR減少，要考慮到兩種情況：
  - 1. 腎臟血液灌流不足 (循環的問題, ex. 脫水)
  - 2. 功能腎元不足 (ex. 腎臟疾病)



臨床意義	指數	1. 腎灌流不足 (ex. 脫水)	2. 功能腎元不足 (ex. 腎臟疾病)
GFR 狀態	BUN, Crea, SDMA	↑ (GFR減少)	↑ (GFR減少)
腎小管 尿濃縮能力	尿比重 (USG)	↑	↓
水合狀態	TP, ALB, Hct Na, Cl	↑	不一定

# Case 1 小鳳 回顧

## BUN



## Creatinine



## IDEXX SDMA



- 臨床上沒有症狀
- 11歲齡貓
- 一個月的觀察，追蹤GFR相關指數
- 確定不是脫水，而是早期的慢性腎病

	5/3/18 11:44 AM	
Collection	Cystocentesis	
▶ Color	Pale Yellow	
▶ Clarity	Clear	
▶ Specific Gravity	1.023	
▶ pH	6.5	
▶ Urine Protein	neg	
▶ Glucose	neg	
▶ Ketones	neg	
▶ Blood / Hemoglobin	250	Ery/ $\mu$ L
▶ Bilirubin	neg	
▶ Urobilinogen	norm	

不適當濃縮的尿液  
(USG 正常應 > 1.035)

# Case 1 小鳳 回顧

發現異常

May 3<sup>rd</sup> 2018

Jun 26 2018

定期追蹤

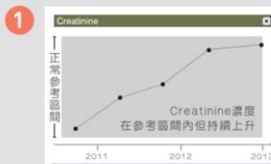
I: 調查  
M: 調理  
M: 追蹤

Diagnosed!!  
確診 CKD

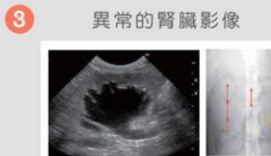
持續的SDMA >  
14 ug/dL

根據 IRIS  
分期進行治療  
**CKD Stage 2**

早期診斷 - 符合一個或多個診斷發現



2 持續性的SDMA濃度異常  
■ SDMA >14 μg/dL



4 持續性的腎因性蛋白尿  
狗UPC>0.5；貓UPC>0.4

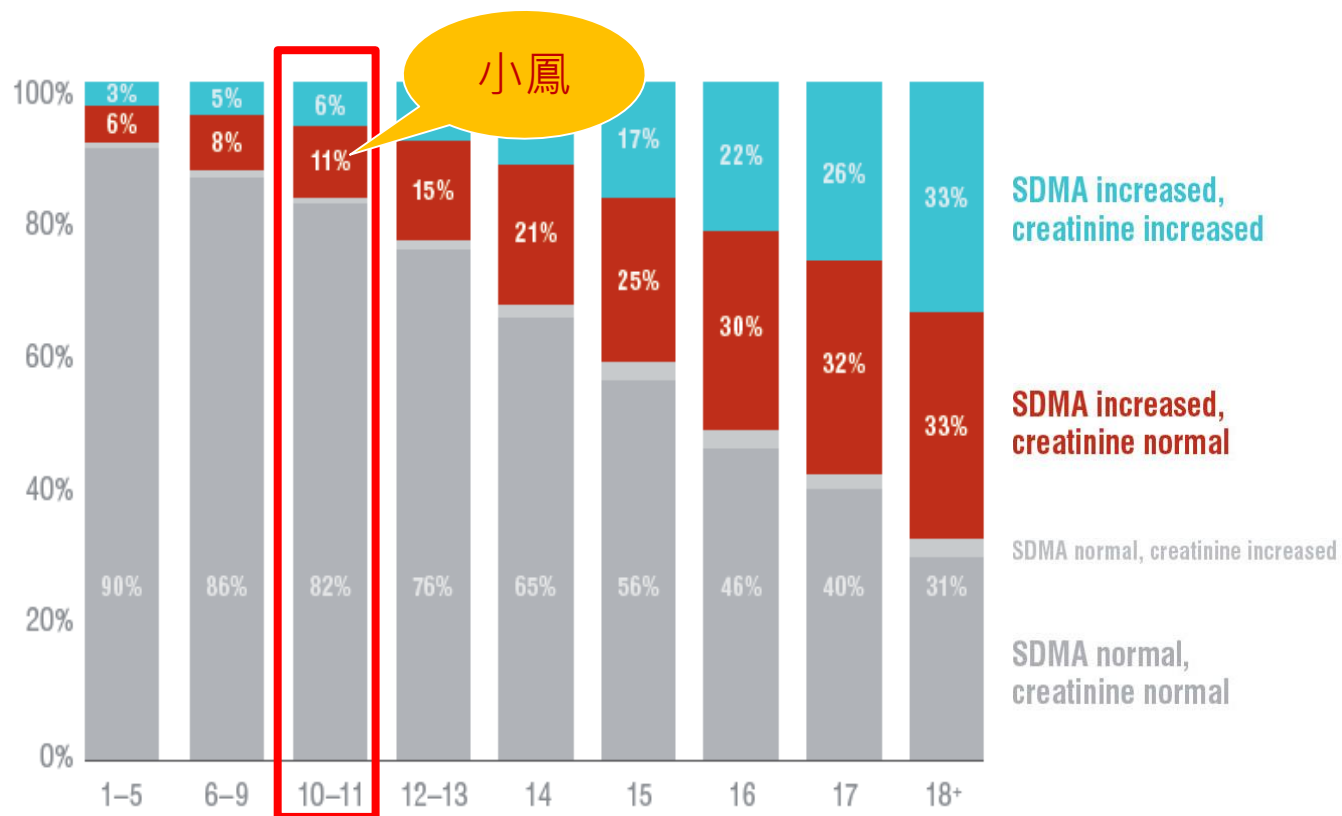




# Case 1 小鳳 回顧

隨著寵物年齡增加，血中SDMA上升的比例也增高

Prevalence of kidney disease increases with age in cats (n = 250,329)





# Q&A

## Case 2 多比

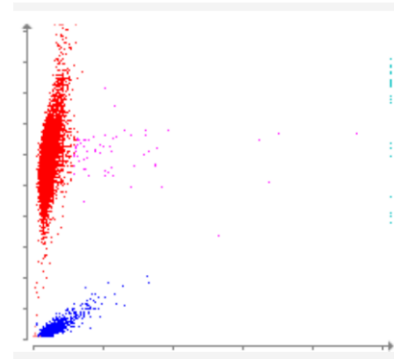
- 10 y/o 黃金獵犬 FS
- 因皮膚團塊，外科手術前麻醉評估
- Normal ASUD
  
- PE: pink MM, well-hydration
- 未空腹



# Hematology

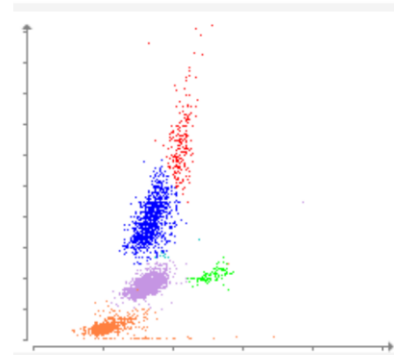
4/24/18 7:34 PM

TEST	RESULT	REFERENCE VALUE
RBC	7.61	5.65 - 8.87 M/ $\mu$ L
Hematocrit	49.9	37.3 - 61.7 %
Hemoglobin	17.1	13.1 - 20.5 g/dL
MCV	65.6	61.6 - 73.5 fL
MCH	22.5	21.2 - 25.9 pg
MCHC	34.3	32.0 - 37.9 g/dL
RDW	19.6	13.6 - 21.7 %
% Reticulocyte	0.3	%
Reticulocyte	19	10 - 110 K/ $\mu$ L
<b>WBC</b>	<b>4.88</b>	<b>5.05 - 16.76 K/<math>\mu</math>L</b>
% Neutrophil	70.5	%
% Lymphocyte	22.3	%
% Monocyte	4.7	%
% Eosinophil	2.3	%
% Basophil	0.2	%
Neutrophil	3.44	2.95 - 11.64 K/ $\mu$ L
Lymphocyte	1.09	1.05 - 5.1 K/ $\mu$ L
Monocyte	0.23	0.16 - 1.12 K/ $\mu$ L
Eosinophil	0.11	0.06 - 1.23 K/ $\mu$ L
Basophil	0.01	0 - 0.1 K/ $\mu$ L
Platelet	303	148 - 484 K/ $\mu$ L
PDW	14.3	9.1 - 19.4 fL
MPV	10.5	8.7 - 13.2 fL
Plateletcrit	0.32	0.14 - 0.46 %



- PLT
- RBC\_FRAG
- RBC
- RETICS
- WBC

 [Download](#)



- BASO
- EOS
- URBC
- MONO
- NEU
- LYM

# Chemistry



4/24/18

10:42 PM

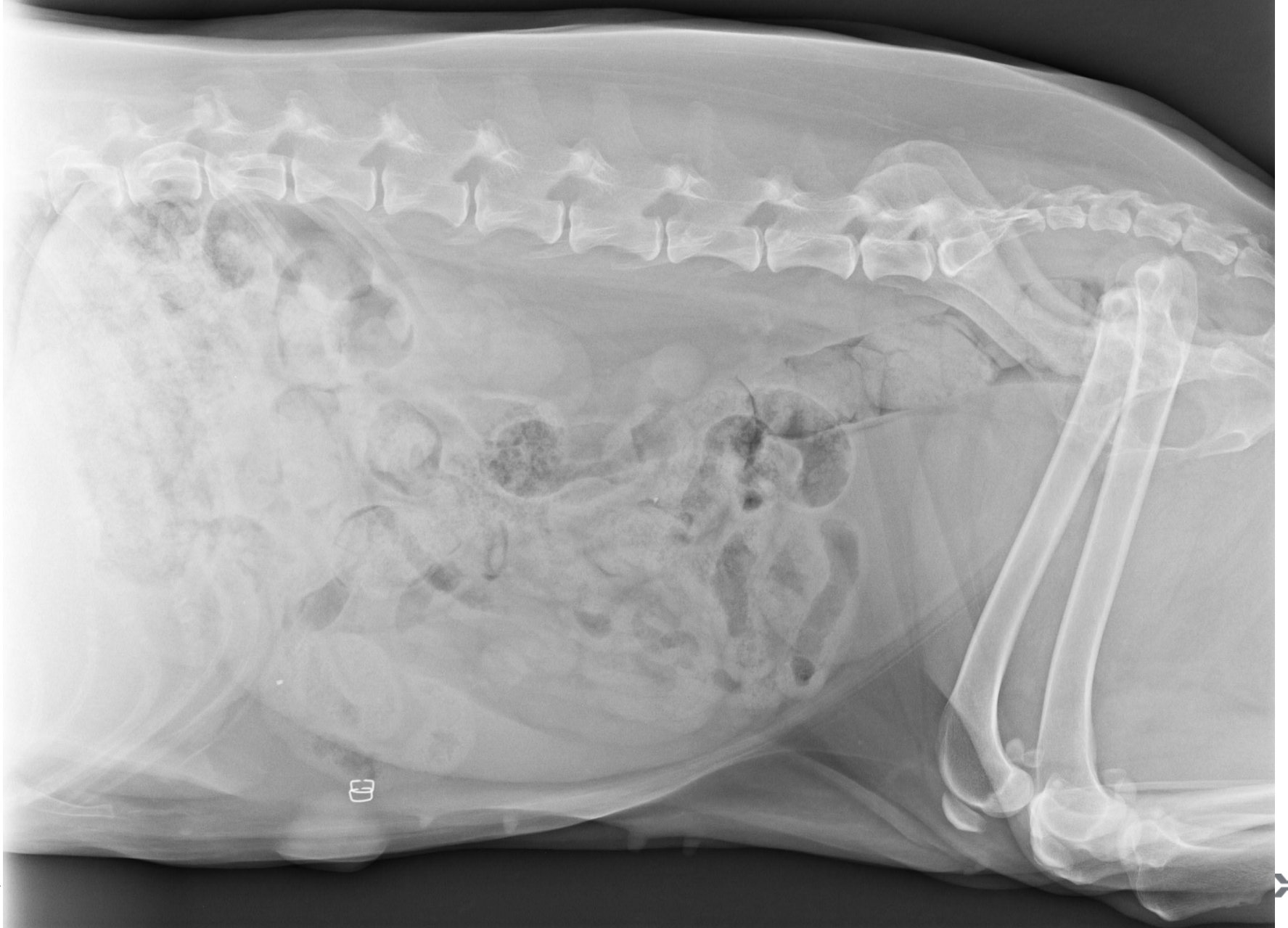


4/24/18

7:42 PM



> <b>Glucose</b>		<b>67</b>	70 - 143 mg/dL	
> <b>Creatinine</b>	<b>5.0</b>	<b>5.6</b>	0.5 - 1.8 mg/dL	
> <b>BUN</b>		<b>64</b>	7 - 27 mg/dL	
> BUN: Creatinine Ratio		11		
>  Phosphorus	5.3			
>  Calcium	10.2			
>  Sodium		148	144 - 160 mmol/L	
>  Potassium		4.1	3.5 - 5.8 mmol/L	
> Na: K Ratio		36		
>  Chloride		112	109 - 122 mmol/L	
>  Total Protein		7.2	5.2 - 8.2 g/dL	
>  Albumin		3.0	2.2 - 3.9 g/dL	
>  Globulin		4.3	2.5 - 4.5 g/dL	
> Albumin: Globulin Ratio		0.7		
>  ALT		79	10 - 125 U/L	
>  ALP		73	23 - 212 U/L	







# Urinalysis

4/24/18

9:00 PM



Collection	Cystocentesis	
> Color	Straw	
> Clarity	Clear	
> Specific Gravity	1.015	
> pH	5.0	
> Urine Protein	neg	
> Glucose	neg	
> Ketones	neg	
> Blood / Hemoglobin	50	Ery/ $\mu$ L
> Bilirubin	neg	
> Urobilinogen	norm	
Leukocyte Esterase	100	Leu/ $\mu$ L
Confirm all leukocyte results with microscopy		




## Chemistry

4/24/18

9:35 PM



>  IDEXX SDMA

[Learn More](#)

<sup>a</sup> 13

0 - 14 µg/dL



- 沒有空腹??
- 脫水??
  
- 暫停隔日手術
- 暫定一週後再追蹤

# Chemistry

5/22/18  
8:16 AM



5/14/18  
7:38 PM



5/1/18  
7:19 PM



4/24/18  
10:42 PM



4/24/18  
7:42 PM



>  Glucose	105	107			<b>67</b>
>  Creatinine	1.8	1.5	1.8	<b>5.0</b>	<b>5.6</b>
>  BUN	<b>30</b>	25	<b>31</b>		<b>64</b>
> BUN: Creatinine Ratio	17	16	17		11

Cre



BUN



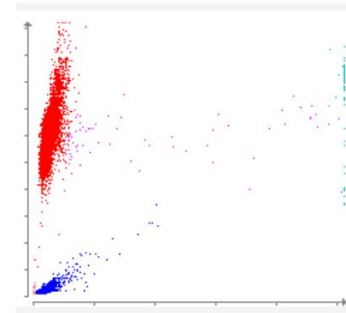
# 小饅頭

- 1y/o poodle male intact
- 陰莖流血 尿道脫垂
- 術前評估 未空腹



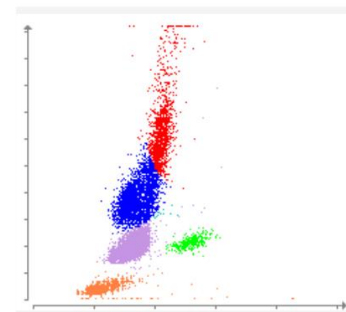
5/18/18 9:31 AM

TEST	RESULT	REFERENCE VALUE
RBC	8.11	5.65 - 8.87 M/ $\mu$ L
Hematocrit	53.1	37.3 - 61.7 %
Hemoglobin	18.4	13.1 - 20.5 g/dL
MCV	65.5	61.6 - 73.5 fL
MCH	22.7	21.2 - 25.9 pg
MCHC	34.7	32.0 - 37.9 g/dL
RDW	17.8	13.6 - 21.7 %
% Reticulocyte	0.3	%
Reticulocyte	20.3	10 - 110 K/ $\mu$ L
Reticulocyte Hemoglobin	24.5	22.3 - 29.6 pg
WBC	15.84	5.05 - 16.76 K/ $\mu$ L
% Neutrophil	64.8	%
% Lymphocyte	21.9	%
% Monocyte	10.7	%
% Eosinophil	2.5	%
% Basophil	0.1	%
Neutrophil	10.28	2.95 - 11.64 K/ $\mu$ L
Lymphocyte	3.47	1.05 - 5.1 K/ $\mu$ L
<b>Monocyte</b>	<b>1.69</b>	<b>0.16 - 1.12 K/<math>\mu</math>L</b>
Eosinophil	0.39	0.06 - 1.23 K/ $\mu$ L
Basophil	0.01	0 - 0.1 K/ $\mu$ L
Platelet	300	148 - 484 K/ $\mu$ L
PDW	10.0	9.1 - 19.4 fL
<b>MPV</b>	<b>8.6</b>	<b>8.7 - 13.2 fL</b>
Plateletcrit	0.26	0.14 - 0.46 %



- PLT
- RETICS
- RBC
- WBC
- RBC\_FRAG

 [Download](#)



- NEU
- LYM
- MONO
- URBC
- EOS
- BASO

 [Download](#)

# Chemistry



5/18/18  
9:38 AM

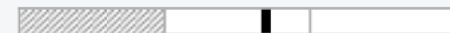


>	Glucose	94	74 - 143 mg/dL	
>	IDEXX SDMA <a href="#">Learn More</a>			
>	<b>Creatinine</b>	<b>2.4</b>	<b>0.5 - 1.8 mg/dL</b>	
>	BUN	19	7 - 27 mg/dL	
>	BUN: Creatinine Ratio	8		
>	Sodium	147	144 - 160 mmol/L	
>	Potassium	4.2	3.5 - 5.8 mmol/L	
>	Na: K Ratio	35		
>	Chloride	116	109 - 122 mmol/L	
>	Total Protein	6.5	5.2 - 8.2 g/dL	
>	Albumin	3.1	2.3 - 4.0 g/dL	
>	Globulin	3.3	2.5 - 4.5 g/dL	
>	Albumin: Globulin Ratio	0.9		
>	ALT	60	10 - 125 U/L	
>	ALP	70	23 - 212 U/L	




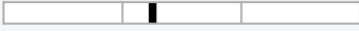


> IDEXX SDMA  
[Learn More](#)

<sup>a</sup> 10

0 - 14 µg/dL



- 週末，隔三天空腹8小時追蹤

Chemistry	5/21/18	11:33 AM		5/18/18	9:38 AM	
➤  Creatinine	0.8	0.5 - 1.8 mg/dL		<b>2.4</b>		
➤  BUN	21	7 - 27 mg/dL		19		
➤ BUN: Creatinine Ratio	26			8		



## 多比 饅頭 小總結

- Cre 上升，SDMA 正常
- 品種差異性
- 肌肉含量
- 沒有空腹，可能增加Cre 50%，三倍??
- SDMA < 14mg/dL 提高安心感 ~ ~
- 持續追蹤





回顧多比的故事...

關鍵問題:

CREA ↑↑ = 腎臟有問題 ??

嗎??

# 影響血中CREA的因子

[http://www.iris-kidney.com/pdf/3\\_staging-of-ckd.pdf](http://www.iris-kidney.com/pdf/3_staging-of-ckd.pdf)

Renal Interest Society

## IRIS Staging of CKD (modified 2016)

### Symmetric dimethylarginine (SDMA) and IRIS CKD guidelines

IRIS CKD staging is based currently on **fasting blood creatinine concentrations**, but there are indications that SDMA concentrations in blood plasma or serum may be a more sensitive biomarker of renal function. Accordingly, if blood SDMA concentrations are known, some modification to the guidelines might be considered, as follows:

*A persistent increase in SDMA above 14  $\mu\text{g}/\text{dl}$  suggests reduced renal function and may be a reason to consider a dog or cat with creatinine values  $<1.4$  or  $<1.6$   $\text{mg}/\text{dl}$ , respectively, as IRIS CKD Stage 1.*

*In IRIS CKD Stage 2 patients with low body condition scores, SDMA  $\geq 25$   $\mu\text{g}/\text{dl}$  may indicate the degree of renal dysfunction has been underestimated. Consider treatment recommendations listed under IRIS CKD Stage 3 for this patient.*

*In IRIS CKD Stage 3 patients with low body condition scores, SDMA  $\geq 45$   $\mu\text{g}/\text{dl}$  may*

他禁食了嗎??

# 影響血中CREA的因子

[http://www.iris-kidney.com/education/creatinine\\_dogs.html](http://www.iris-kidney.com/education/creatinine_dogs.html)

## What does an increase in blood creatinine concentration indicate?

The concentration of creatinine in blood (ie, in either plasma or serum) is principally interpreted in relation to renal elimination. When renal function decreases beyond a certain point, an increase in blood creatinine concentration (hypercreatininemia) ensues, usually accompanied by increased urea concentration.

"Azotemia" refers to an increases in either or both of these analytes, but the focus here is on creatinine, because of its central role in the IRIS protocols for Staging CKD and for Grading AKI.

Although hypercreatininemia occurs with substantial renal dysfunction, some other possibilities have to be considered as well, because moderate hypercreatininemia could also be related to:

- High muscle production of creatinine, especially in dog breeds with large muscle mass, such as boxers, greyhounds, sled dogs, etc.
- Reduction in extracellular fluid volume: dehydration may increase blood creatinine concentration when dehydration exceeds 5%.
- Intestinal absorption of exogenous creatinine (some creatine in meat is converted to creatinine during cooking).

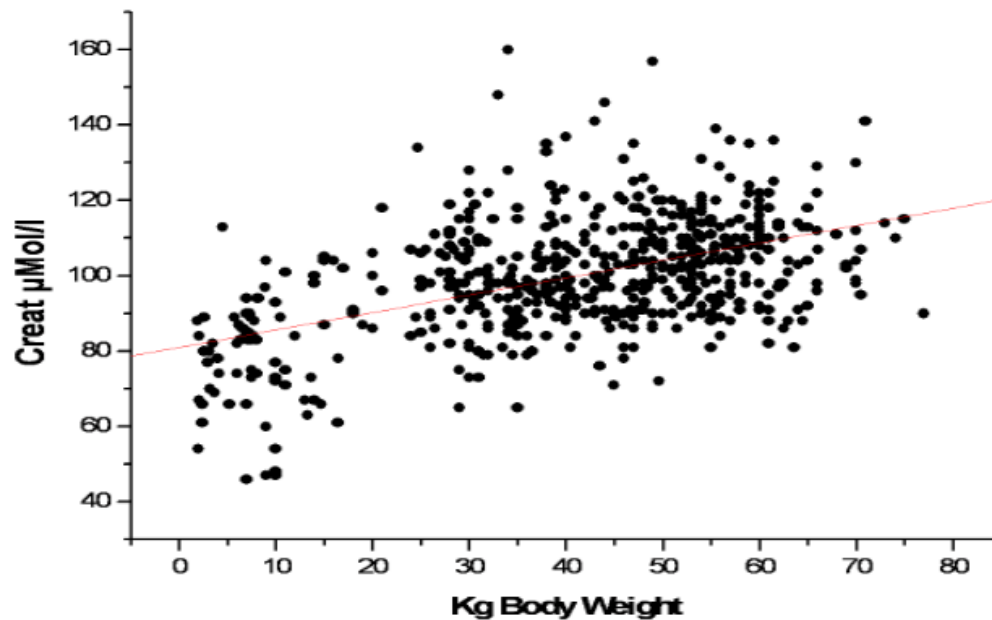
# 影響血中CREA的因子

- 體型 (體重): 肌肉含量
- 品種

[http://www.iris-kidney.com/education/creatinine\\_dogs.html](http://www.iris-kidney.com/education/creatinine_dogs.html)

**Figure 1. Creatinine concentration vs. body size in 567 dogs of various sizes**

(graph reproduced with kind permission of J Aasen, R Heiene, C Trangerud and E Teske)



# 影響血中CREA的因子

他禁食了嗎??

- 飲食內容
  - 飯後1-4 hrs: CREA 可上升50%
  - 驗Crea 應最少禁食8 hrs

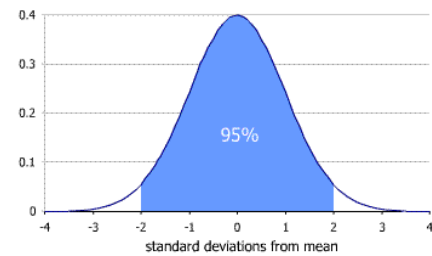
[http://www.iris-kidney.com/education/creatinine\\_dogs.html](http://www.iris-kidney.com/education/creatinine_dogs.html)

- **Feeding:** Food intake is a potential cause of variation in blood creatinine concentrations. Increased concentrations (up to 50%) may be observed one to four hours after a meal, especially when cooked meat is given. This increase is explained by intestinal absorption of exogenous creatinine generated from muscle creatine during cooking. It is probably preferable, therefore, to sample the dog in the fasted state (at least eight hours fasting).

# Creatinine 到底要多高才是異常??

[http://www.iris-kidney.com/education/creatinine\\_dogs.html](http://www.iris-kidney.com/education/creatinine_dogs.html)

## Two different approaches to interpreting blood creatinine concentrations:



- A single isolated value from a given dog can be compared to a reference interval.

### 1. 跟 別人比 (參考值)

This approach is often the only one available, but it is not ideal. Reference intervals have generally been poorly defined on a limited number of animals and can differ greatly between countries and assays. Thus, a decision threshold can neither be transferred from one laboratory to another, nor from published values to your own practice, unless the conditions are identical.

Remember that hypercreatininemia identified from a single sample does not necessarily mean renal dysfunction is present, but it does indicate a need for other testing (urine specific gravity, proteinuria, etc) to further assess renal function and disease.

一次性的crea不能決定腎功能不全，  
需要更多證據支持。  
例如: 尿檢

- A value obtained at a particular time in a given dog can be compared to another value obtained in the same dog at a previous time.

### 2. 跟 自己比 (趨勢)

If conditions are standardized (same technique, fasted dog, etc), this is probably a better way to monitor renal function over time. An increase or a decrease in creatinine generally indicates a decrease or an increase in renal function, respectively, though any possible effects of reduced muscle mass in cachexia should also be considered (see above).

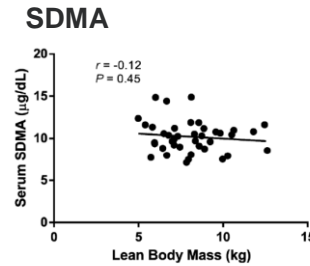
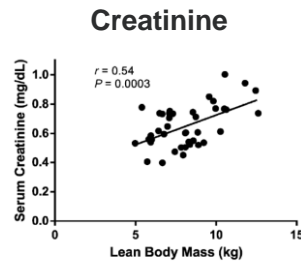
追蹤趨勢，是比較好的方法。

This approach is particularly recommended in animals with identified acute kidney injury or chronic kidney disease, or to detect early nephrotoxic effects of drugs (though other markers such as enzymuria may be considered more sensitive).

This approach is also recommended when assessing fasting blood creatinine concentrations determined as part of a routine health-monitoring program in older patients.



# SDMA 在犬貓不會受到肌肉量的影響，正確反映出GFR



“SDMA is a more sensitive indicator of change in renal function in older cats.”

**Source:**

Hall JA, Yerramilli M, Obare M, Yerramilli M, Melendez LD, Jewell DE. Relationship between lean body mass and serum renal biomarkers in healthy dogs. *J Vet Intern Med.* 2015;29(3):808–814.  
Hall JA, Yerramilli M, Obare E, Yerramilli M, Yu S, Jewell DE. Comparison of serum concentrations of symmetric dimethylarginine and creatinine as kidney function biomarkers in healthy geriatric cats fed reduced protein foods enriched with fish oil, L-carnitine, and medium-chain triglycerides. *Vet J.* 2014;202(3):588–596.

# Case 2 多比 回顧

如何區別是不是腎臟真的有問題???

尋找更多證據...

**Apr 24 2018:**

- CREA: 5.6 mg/dL
- SDMA: 13 ug/dL

**Oct 15 2017:**

- CREA: 1.5 mg/dL

**May 1 2018:**

- CREA: 1.8 mg/dL

## Creatinine



## BUN



# Case 2 多比 回顧

## Chemistry

5/22/18 8:16 AM

HCT = 36.9%

TEST RESULT

Glucose 105

Creatinine 1.8

**BUN** 30

BUN: Creatinine Ratio 17

Sodium 153

Potassium 5.3

Na: K Ratio 29

Chloride 118

Total Protein 6.5

Albumin 2.6


Globulin 4.0

Albumin: Globulin Ratio 0.7

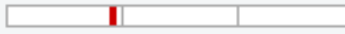
ALT 41

ALP 117

Osmolality 312

4/24/18 7:42 PM 

HCT = 49.9%

67 70 - 143 mg/dL 

5.6 0.5 - 1.8 mg/dL 

64 7 - 27 mg/dL 

11

148 144 - 160 mmol/L 

4.1 3.5 - 5.8 mmol/L 

36

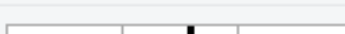
112 109 - 122 mmol/L 

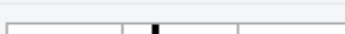
7.2 5.2 - 8.2 g/dL 

3.0 2.2 - 3.9 g/dL 

4.3 2.5 - 4.5 g/dL 

0.7

79 10 - 125 U/L 

73 23 - 212 U/L 

310 mmol/kg

有沒有其他支持腎功能異常的證據??

**GFR**

SDMA=13

腎小管


水合狀態

水合狀態

水合狀態

# Case 2 多比 回顧

## Urinalysis

4/24/18  
9:00 PM 

Collection	Cystocentesis	
> Color	Straw	
> Clarity	Clear	
> Specific Gravity	1.015	
> pH	5.0	
> Urine Protein	neg	
> Glucose	neg	
> Ketones	neg	
> Blood / Hemoglobin	50	Ery/ $\mu$ L
> Bilirubin	neg	
> Urobilinogen	norm	
Leukocyte Esterase	100	Leu/ $\mu$ L
Confirm all leukocyte results with microscopy		

臨床意義	指數	1. 腎灌注不足 (ex. 脫水)	2. 功能腎元不足 (ex. 腎臟疾病)
GFR 狀態	BUN, Crea, SDMA	↑ (GFR減少)	↑ (GFR減少)
腎小管尿濃縮能力	尿比重 (USG)	↑	↓
水合狀態	TP, ALB, Hct Na, Cl	↑	不一定

所以腎臟真的有問題嗎??

尿比重可以採信嗎??

## Case 2 多比 回顧

所以遇到 **CREA 高**，**SDMA 低**，我的建議是：

1. 確認是否有禁食。
2. 確認 **CREA** 的常態值。
3. 確認 尿檢 & 其他相關證據。
4. 追蹤 (不應該一下子跳到腎臟有問題的結論....)
5. 打電話到 **IDEXX** 技術服務專線：  
**0800-291018 #1**



Q&A



# 完整的尿液學檢查

# 1. 尿的物理特性: 尿液外觀(性狀)評估

<b>顏色:</b>	淡黃	深黃	黃綠	橘紅	紅色	深褐
<b>混濁度:</b>	澄清透明	輕為霧狀	雲霧狀	混濁		



# 1. 尿的物理特性：尿比重(USG)的測量



## 2. 尿液的化學成分：尿液試條紙

### TEST MENU

#### Parameters

pH

LEU (leukocytes)

PRO (protein)

GLU (glucose)

KET (ketones)

UBG (urobilinogen)

BIL (biliruben)

BLD/HGB (blood/hemoglobin)

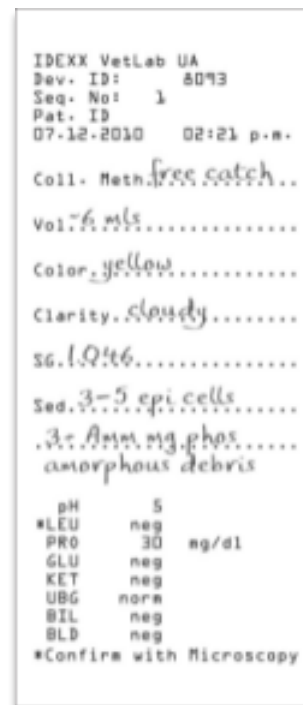


**Note:** The IDEXX VetLab UA Analyzer does not read or print NIT (nitrate) and SG (specific gravity) results. Experts agree, specific gravity should be measured with a refractometer.

# 尿液試條紙 檢測結果判讀

Parameter	Conventional Units (Conv.)	SI Units (SI)	Arbitrary Units (Arbitrary)
SG (specific gravity)	Measure with refractometer		
	5	5	5
	6	6	6
pH	6.5	6.5	6.5
	7	7	7
	8	8	8
	9	9	9
LEU (leukocytes) <i>Confirm all canine leukocytes results with microscopy</i>	neg 25 Leu/ $\mu$ L 100 Leu/ $\mu$ L 500 Leu/ $\mu$ L	neg 25 Leu/ $\mu$ L 100 Leu/ $\mu$ L 500 Leu/ $\mu$ L	neg 1* 2* 3*
PRO (protein)	neg TR 30 mg/dL 100 mg/dL 500 mg/dL	neg TR 0.3 g/L 1.0 g/L 5.0 g/L	neg TR 1* 2* 3*
GLU (glucose)	neg 50 mg/dL 100 mg/dL 300 mg/dL 1000 mg/dL	neg 3 mmol/L 6 mmol/L 17 mmol/L 56 mmol/L	neg 1* 2* 3* 4*
KET (ketone)	neg 15 mg/dL 50 mg/dL 150 mg/dL	neg 1.5 mmol/L 5 mmol/L 15 mmol/L	neg 1* 2* 3*
UBG (urobilinogen)	norm 1 mg/dL 4 mg/dL 8 mg/dL 12 mg/dL	norm 7 $\mu$ mol/L 70 $\mu$ mol/L 140 $\mu$ mol/L 200 $\mu$ mol/L	norm 1* 2* 3* 4*
BIL (bilirubin)	neg 1 mg/dL 3 mg/dL 6 mg/dL	neg 17 $\mu$ mol/L 50 $\mu$ mol/L 100 $\mu$ mol/L	norm 1* 2* 3*
BLD (blood/hemoglobin)	neg 10 Ery/ $\mu$ L 25 Ery/ $\mu$ L 50 Ery/ $\mu$ L 250 Ery/ $\mu$ L	neg 10 Ery/ $\mu$ L 25 Ery/ $\mu$ L 50 Ery/ $\mu$ L 250 Ery/ $\mu$ L	neg 1* 2* 3* 4*

Note: NIT (nitrate) and SG (specific gravity) results are not read or printed by the IDEXX VetLab UA Analyzer.



以人工方式，將以下資訊輸入到由愛德士檢驗資料管理系統，產生的病患報告單，列印輸出（圖1）或綜合診斷報告：

- 收集方法（收集方法）
- 容積 (Vol.)
- 顏色
- 清晰度
- 比重 (SG)
- 沉澱分析 (Sed.)

需搭配尿比重，進行判讀評估。  
如果PRO 2+ 需進行UPC。先確認尿渣!!!

# 2. 尿液的化學成分: 尿液試條紙

IDEXX UA™ Strips

**Specific Gravity:** *The urine specific gravity should be measured with a refractometer*, which measures the density of the urine relative to the density of water. This value should be interpreted in light of the patient's hydration status and serum blood urea nitrogen (BUN) and creatinine levels.

X USG

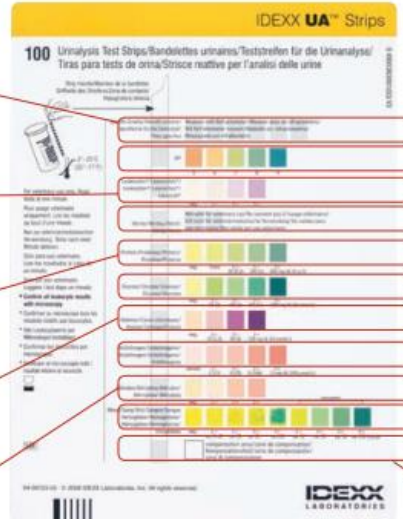
**Leukocytes:** The leukocyte test pad detects the enzyme leukocyte esterase, not individual leukocytes. *Evaluation of urine leukocytes must be confirmed by urine microscopic examination.* The sensitivity and specificity of the leukocyte esterase test pad is questionable in veterinary medicine, especially in cat urine.

X WBC

**Protein:** While small amounts of protein may normally be found in the urine, proteinuria can indicate both renal and nonrenal disease. If significant proteinuria is detected and there is an inactive sediment, urine protein:creatinine ratio (UPC) should be performed for protein quantification for accurate assessment and monitoring.

**Ketones:** Urine ketones are produced by the breakdown of lipids. Causes for elevations include diabetic ketoacidosis, prolonged fasting, starvation and low-carbohydrate diets.

**Bilirubin:** In dogs (especially male dogs) bilirubinuria is common even under normal conditions, but any bilirubinuria in cats is significant. Bilirubinuria usually precedes bilirubinemia because urine is commonly concentrated (hypersthenuric) compared to plasma.



**pH:** Urine pH is determined by the kidney's ability to regulate hydrogen ion and bicarbonate concentrations within the blood. Urine pH may reflect the animal's acid-base status if hydration status and overall plasma electrolyte balance are not markedly disturbed.

**Nitrite:** The nitrite test is not valid for veterinary use. The majority of bacterial infections in dogs and cats are not caused by organisms that reduce nitrate to nitrite. Both false positive and false negative results are common in veterinary medicine, making this assay too insensitive for general use.

Nitrite X

**Glucose:** Glucose is not usually detectable in the urine of dogs and cats and must exceed the renal threshold for reabsorption to be noted. This value should be evaluated in light of the patient's activity status and blood glucose level.

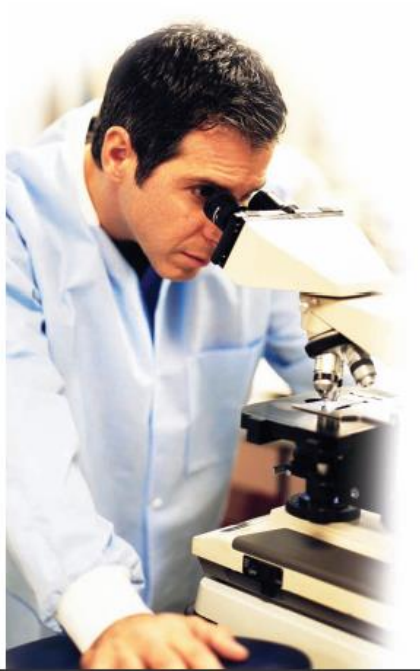
**Urobilinogen:** Intestinal bacteria convert conjugated bilirubin to urobilinogen. A freshly produced urine sample is necessary for evaluation. The correlation between increases or decreases of urine urobilinogen and liver disease in animals is poor.

**Blood:** The blood/heme reaction detects heme groups found within hemoglobin and myoglobin. The test may be positive because of hematuria, hemoglobinuria or myoglobinuria.

**Compensation Pad:** This white pad, which is not impregnated with reagents, is used by the IDEXX VetLab UA Analyzer to compensate for the intensive intrinsic color of the urine that might affect the evaluation of the parameters for leukocytes, protein, glucose, ketone bodies, urobilinogen and bilirubin.

### 3. 尿液的細胞學: 尿液殘渣檢查

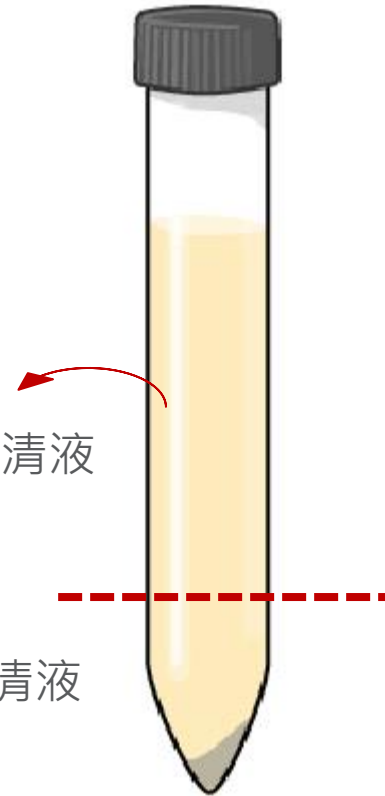
1. 將尿液倒入離心管。
2. 離心 5 min (1,500 rpm)。
3. 五倍濃縮尿渣。(移除4/5上清液)
4. 混合剩餘尿液檢體。
5. 取20 uL滴於載波片。
6. 蓋上蓋波片，於顯微鏡下觀察。



All rights reserved.

移除 4/5 的上清液

保留 1/5 的上清液





# 3. 尿液的細胞學: 尿液殘渣檢查

腎小管損傷 : 尿圓柱(cast)  
(LPF; 10X)

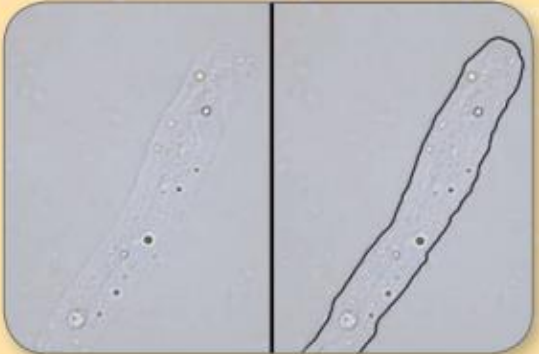
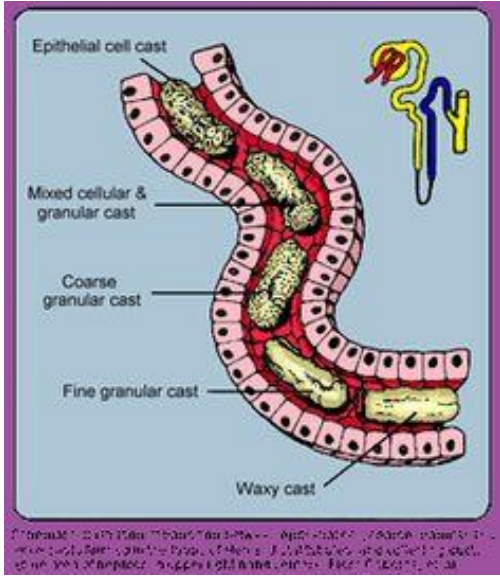


Figure 13 Hyaline cast (borders outlined)

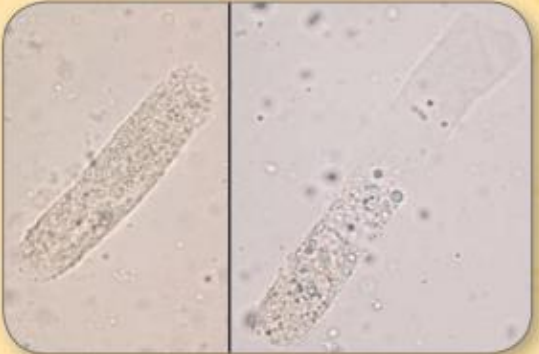


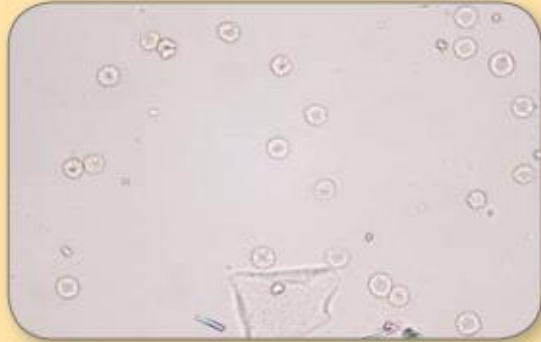
Figure 14 Granular (left) and mixed waxy and granular (right) casts



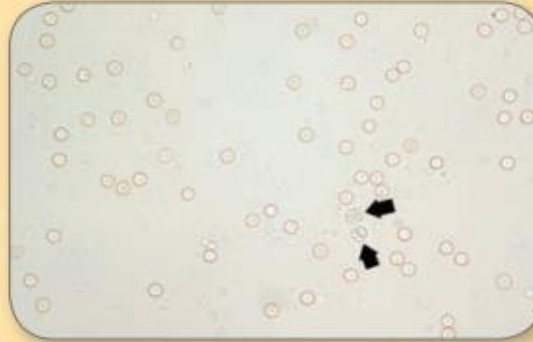
Figure 15 Waxy cast

# 3. 尿液的細胞學: 尿液殘渣檢查

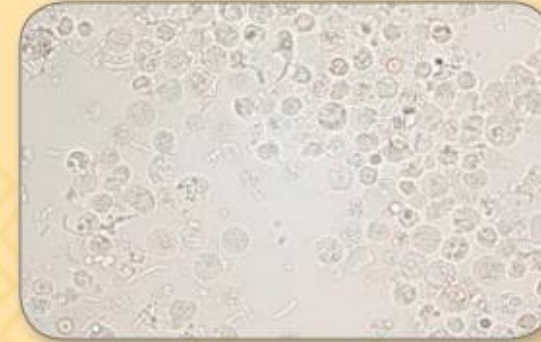
泌尿道炎症及/或感染: WBC, 細菌  
(HPF: 40X)



**Figure 1** Erythrocytes and one squamous epithelial cell



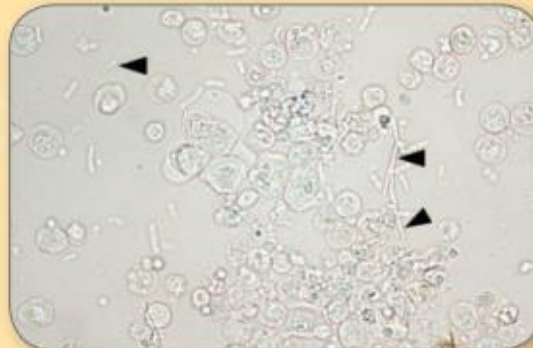
**Figure 2** Erythrocytes and two leukocytes (black arrows)



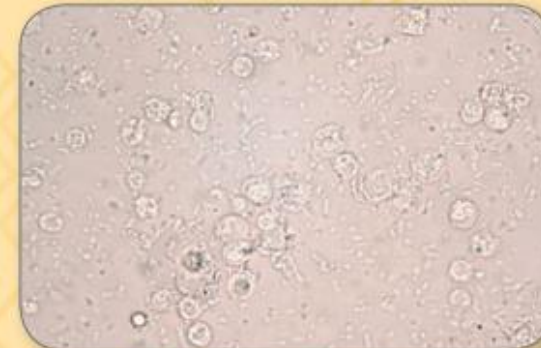
**Figure 3** Numerous leukocytes and few rod-shaped bacteria



**Figure 4** Many rod-shaped bacteria  
100x objective field of view



**Figure 5** Many leukocytes and large rod-shaped bacteria (black arrowheads)



**Figure 6** Numerous bacteria and leukocytes

# 3. 尿液的細胞學: 尿液殘渣檢查

結晶：結石或異常代謝產物

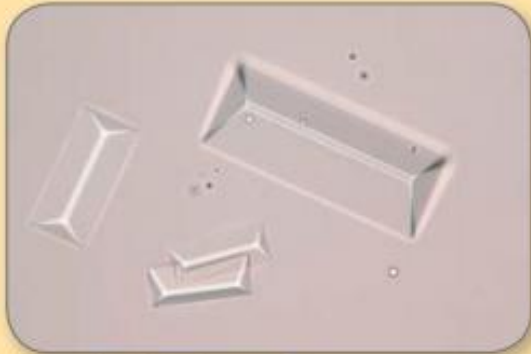


Figure 16 Struvite

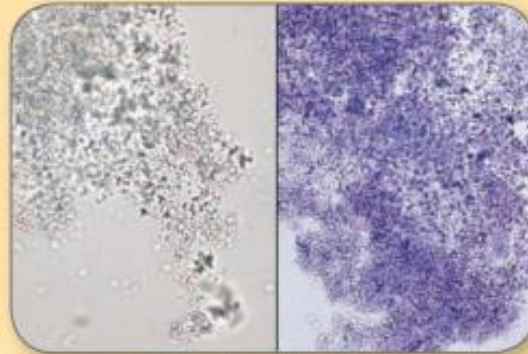


Figure 17 Amorphous (NMB wet prep on right)



Figure 18 Bilirubin

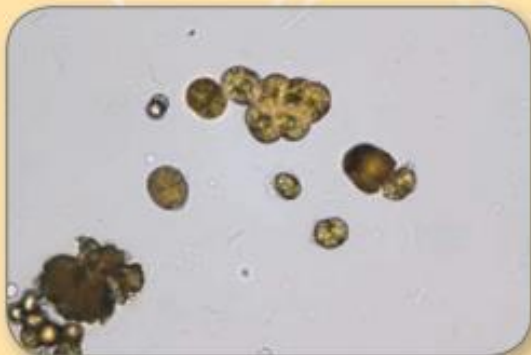


Figure 19 Ammonium urate

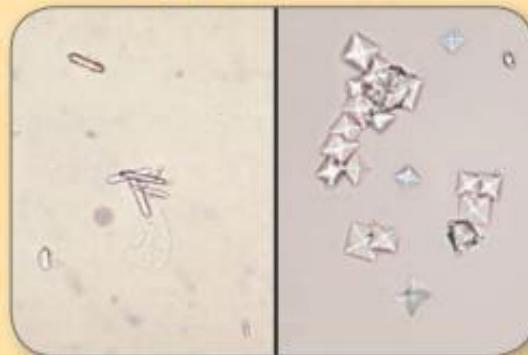


Figure 20 Left: Calcium oxalate monohydrate  
Right: Calcium oxalate dihydrate



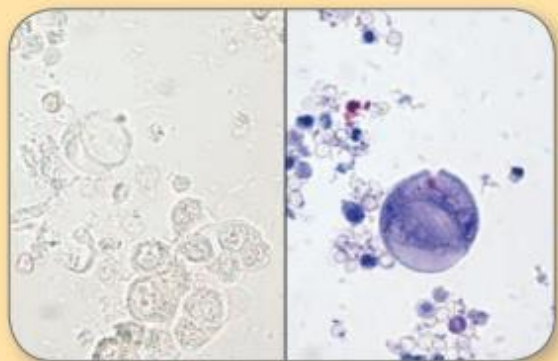
Figure 21 Drug (Tribrissen™) crystals  
10x objective field of view



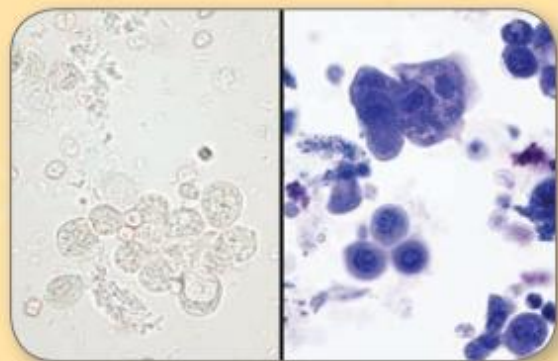
# 3. 尿液的細胞學: 尿液殘渣檢查

膀胱癌：移行上皮細胞腫瘤

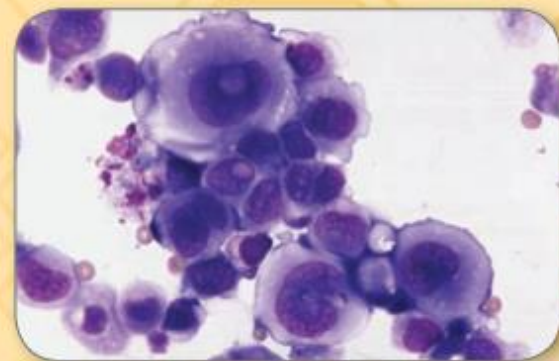
**\*\*看到重要的異常，需染色確認!!**



**Figure 10** Transitional cell carcinoma (NMB wet prep on right)



**Figure 11** Transitional cell carcinoma (NMB wet prep on right)



**Figure 12** Transitional cell carcinoma—air-dried and Diff-Quik® stained

# 3. 尿液的細胞學: 尿液殘渣檢查

Interpretation (Expected Values)		
Analyte	Normal	Reporting Results
WBC	0-5 / HPF	Number / HPF
RBC	0-5 / HPF	Number / HPF
Epithelial Cells	0-Few / HPF	Number / HPF
Crystals	Variable	Number / LPF
Casts	0-Few / LPF	Number / LPF
Bacteria	0-Few / HPF	1 + to 4 + / HPF

Easy  
Efficient  
Consistent



IDEXX VetLab® UA™ Analyzer and IDEXX UA™ Strips

Practice what's possible®





Break



# Case 3 Gaykey

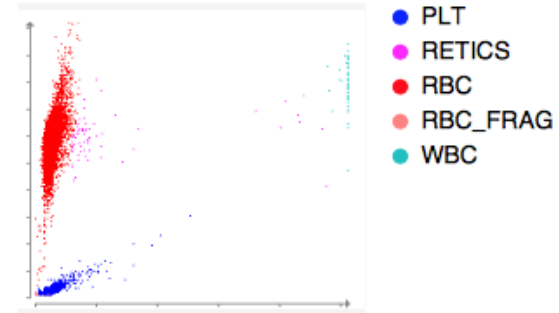
- 10y/o 西施 Male
- 食慾下降嘔吐約1-2週
- 理學檢查
- Depressed,
- 8% hydration,
- pale MM



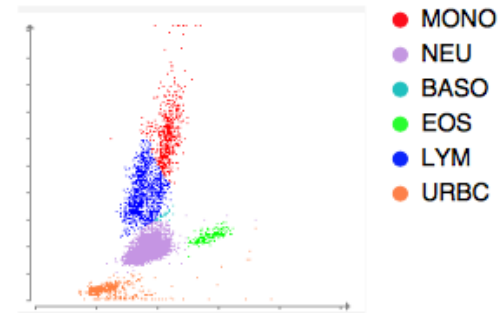
# Hematology

2/7/18 2:11 PM

TEST	RESULT	REFERENCE VALUE
<b>RBC</b>	<b>5.55</b>	<b>5.65 - 8.87 M/<math>\mu</math>L</b>
Hematocrit	40.7	37.3 - 61.7 %
<b>Hemoglobin</b>	<b>12.6</b>	<b>13.1 - 20.5 g/dL</b>
MCV	73.3	61.6 - 73.5 fL
MCH	22.7	21.2 - 25.9 pg
<b>MCHC</b>	<b>31.0</b>	<b>32.0 - 37.9 g/dL</b>
RDW	15.4	13.6 - 21.7 %
% Reticulocyte	0.3	%
Reticulocyte	14.4	10 - 110 K/ $\mu$ L
WBC	12.69	5.05 - 16.76 K/ $\mu$ L
% Neutrophil	84.4	%
% Lymphocyte	9.1	%
% Monocyte	4.8	%
% Eosinophil	1.5	%
% Basophil	0.2	%
Neutrophil	10.71	2.95 - 11.64 K/ $\mu$ L
Lymphocyte	1.16	1.05 - 5.1 K/ $\mu$ L
Monocyte	0.61	0.16 - 1.12 K/ $\mu$ L
Eosinophil	0.19	0.06 - 1.23 K/ $\mu$ L
Basophil	0.02	0 - 0.1 K/ $\mu$ L
Platelet	466	148 - 484 K/ $\mu$ L
PDW	11.2	9.1 - 19.4 fL
MPV	9.1	8.7 - 13.2 fL
Plateletcrit	0.42	0.14 - 0.46 %



[Download](#)



[Download](#)


# Chemistry



2/7/18  
2:19 PM


>  Glucose	112	70 - 143 mg/dL	
> <b>Creatinine</b>	<b>3.3</b>	0.5 - 1.8 mg/dL	
> <b>BUN</b>	<b>48</b>	7 - 27 mg/dL	
> BUN: Creatinine Ratio	15		
> <b>Phosphorus</b>	<b>7.5</b>	2.5 - 6.8 mg/dL	
>  Calcium	10.6	7.9 - 12.0 mg/dL	
> <b>Sodium</b>	<b>166</b>	144 - 160 mmol/L	
>  Potassium	3.5	3.5 - 5.8 mmol/L	
> Na: K Ratio	48		
> <b>Chloride</b>	<b>130</b>	109 - 122 mmol/L	
>  Total Protein	6.9	5.2 - 8.2 g/dL	
>  Albumin	3.3	2.2 - 3.9 g/dL	
>  Globulin	3.6	2.5 - 4.5 g/dL	
> Albumin: Globulin Ratio	0.9		
>  ALT	87	10 - 125 U/L	
>  ALP	106	23 - 212 U/L	
>  GGT	4	0 - 11 U/L	
>  Bilirubin - Total	0.4	0.0 - 0.9 mg/dL	
>  Cholesterol	285	110 - 320 mg/dL	
Osmolality	339	mmol/kg	
SNAP cPL	Abnormal		

## Urinalysis

2/8/18  
10:01 AM 

Collection	Cystocentesis	
> Color	Straw	
> Clarity	Clear	
> Specific Gravity	1.013	
> pH	6.0	
> Urine Protein	30	mg/dL
> Glucose	100	mg/dL
> Ketones	neg	
> Blood / Hemoglobin	250	
> Bilirubin	neg	
> Urobilinogen	norm	
Leukocyte Esterase	neg	

## Chemistry

2/8/18  
10:42 AM 

Urine Creatinine	33	mg/dL
Urine Protein	62	mg/dL
> Urine Protein: Creatinine Ratio	1.89	

Confirm all leukocyte results with microscopy

建議執行 UPC。考慮尿沉渣結果。



### 1. 檢驗項目：

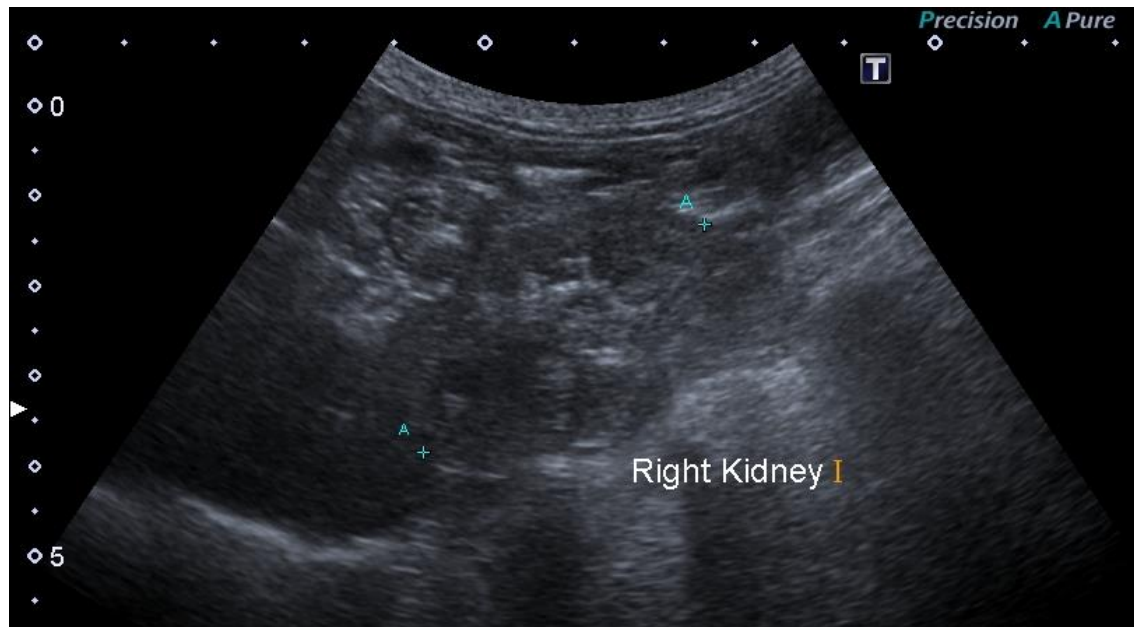
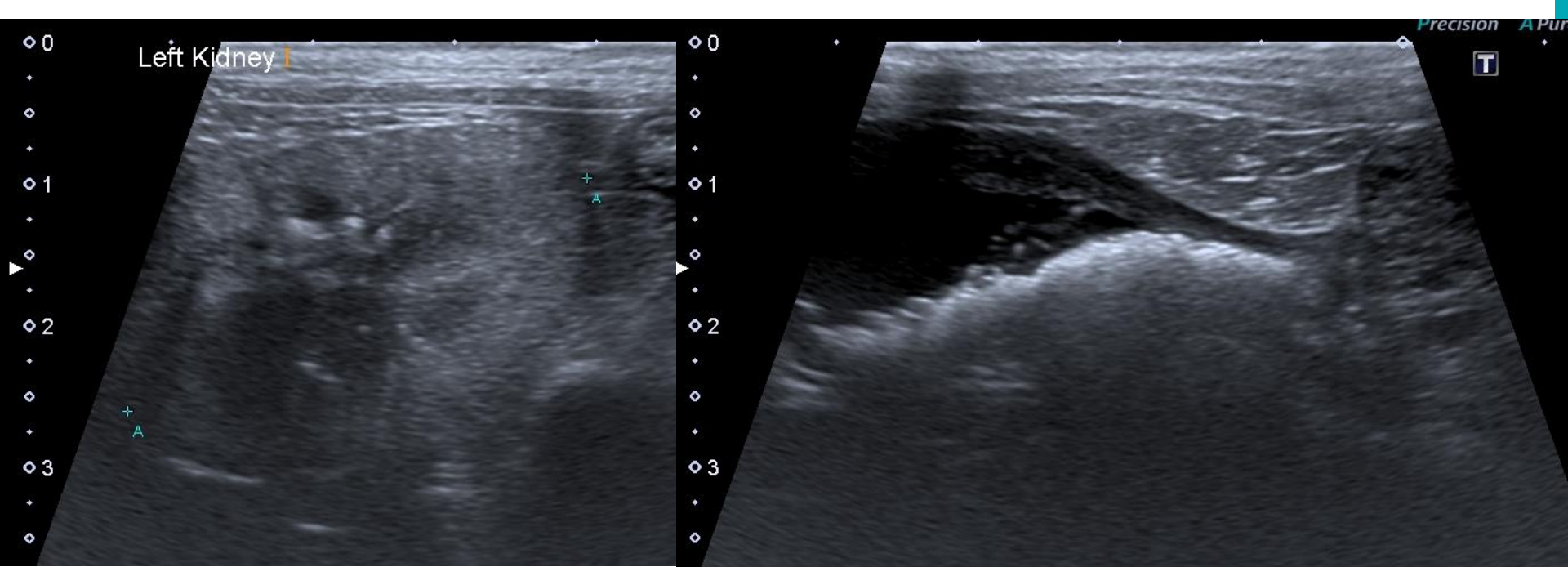
檢驗項目	物種	(編號) 檢驗內容	檢體數
嗜氧培養	犬-Gaykey	(1) 膀胱穿刺採尿	1

### 2. 細菌分離鑑定結果

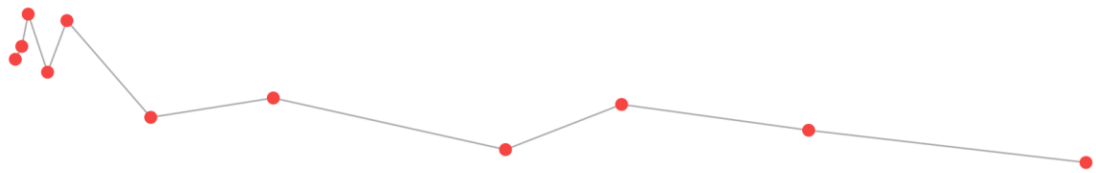
樣品	檢體抹片半定量	病原鑑定與半定量結果	培養描述
(1)	(1+) 革蘭氏陰性破碎染色顆粒 未見典型細菌細胞	無生長	嗜氧條件直接接種平板 72 小時無生長 嗜氧條件 1:10~1:50 液態增菌 72 小時無生長

增菌培養液與平板培養基會於 72、96 與 120 小時各別再觀察一次，如有生長即發送補充報告，仍未觀察到細菌生長則不另外通知。

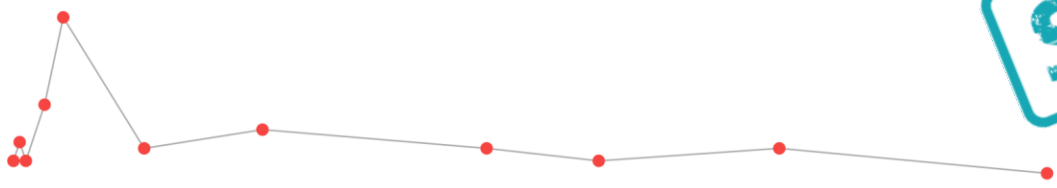
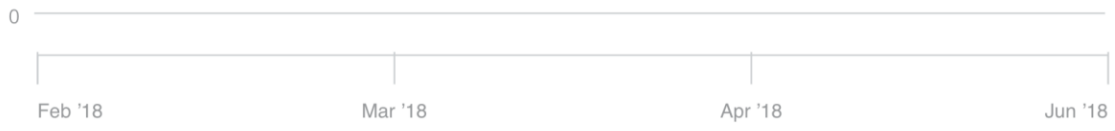




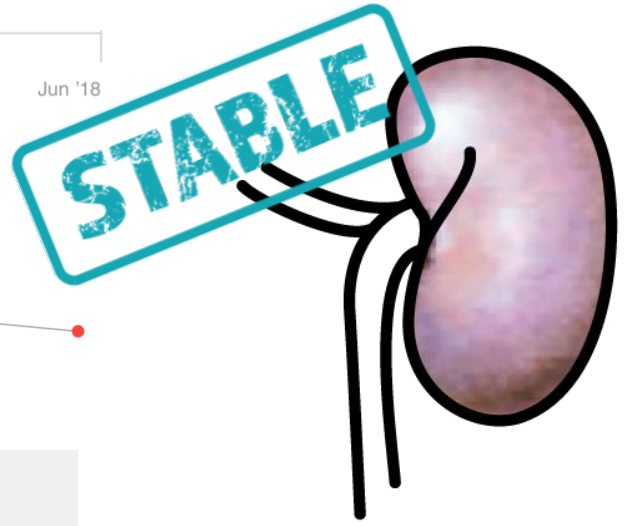
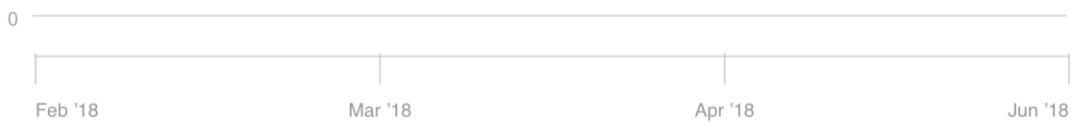
# 治療計劃



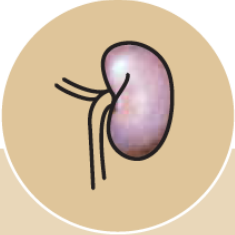
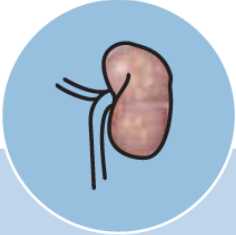




BUN



Cre

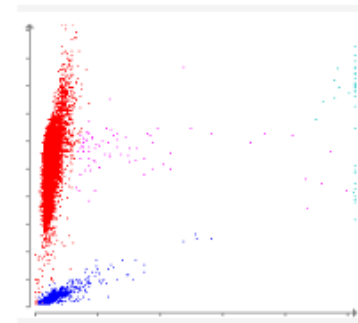


# Step 2: Stage CKD

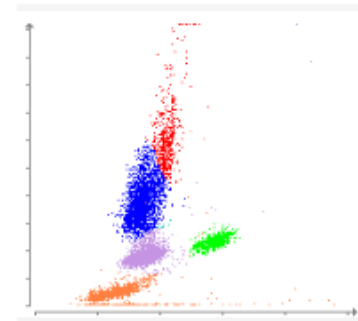
					
		Stage 1 No azotemia	Stage 2 Mild	Stage 3 Moderate	Stage 4 Severe
<b>Creatinine</b> in mg/dL	Canine	< 1.4	1.4–2.0	2.1–5.0	> 5.0
	Feline	< 1.6	1.6–2.8	2.9–5.0	> 5.0
 <b>SDMA</b> in µg/dL		> 14	> 14	Moderately increased	Markedly increased
			≥ 25		
				≥ 45	
 Consider understaged based on creatinine					
<b>UPC ratio</b>	Canine	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.5	Proteinuric >0.5	
	Feline	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.4	Proteinuric >0.4	
<b>Systolic blood pressure</b> in mm Hg		Normotensive <150	Borderline hypertensive 150–159		
			Hypertensive 160–179	Severely hypertensive ≥180	

6/8/18 1:54 PM

TEST	RESULT	REFERENCE VALUE
RBC	7.24	5.65 - 8.87 M/ $\mu$ L
Hematocrit	41.6	37.3 - 61.7 %
Hemoglobin	14.3	13.1 - 20.5 g/dL
<b>MCV</b>	<b>57.5</b>	<b>61.6 - 73.5 fL</b>
<b>MCH</b>	<b>19.8</b>	<b>21.2 - 25.9 pg</b>
MCHC	34.4	32.0 - 37.9 g/dL
RDW	21.7	13.6 - 21.7 %
% Reticulocyte	0.3	%
Reticulocyte	21.7	10 - 110 K/ $\mu$ L
Reticulocyte Hemoglobin	23.7	22.3 - 29.6 pg
WBC	10.43	5.05 - 16.76 K/ $\mu$ L
% Neutrophil	57.1	%
% Lymphocyte	29.5	%
% Monocyte	5.8	%
% Eosinophil	7.5	%
% Basophil	0.1	%
Neutrophil	5.96	2.95 - 11.64 K/ $\mu$ L
Lymphocyte	3.08	1.05 - 5.1 K/ $\mu$ L
Monocyte	0.6	0.16 - 1.12 K/ $\mu$ L
Eosinophil	0.78	0.06 - 1.23 K/ $\mu$ L
Basophil	0.01	0 - 0.1 K/ $\mu$ L
<b>Platelet</b>	<b>514</b>	<b>148 - 484 K/<math>\mu</math>L</b>
PDW	10.9	9.1 - 19.4 fL
<b>MPV</b>	<b>8.4</b>	<b>8.7 - 13.2 fL</b>
Plateletcrit	0.43	0.14 - 0.46 %



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# Chemistry

6/8/18

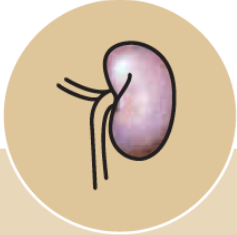
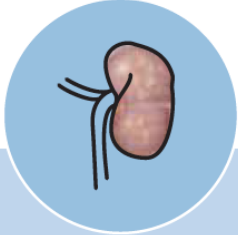




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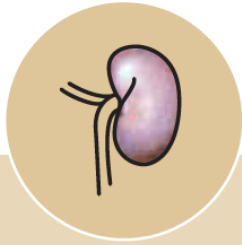
<a href="#">▶</a> <b>IDEXX SDMA</b> <a href="#">▶ Learn More</a>	<sup>a</sup> <b>69</b>	0 - 14 µg/dL	
<a href="#">▶</a> <b>Creatinine</b>	<b>3.1</b>	0.5 - 1.8 mg/dL	
<a href="#">▶</a> <b>BUN</b>	<b>35</b>	7 - 27 mg/dL	
<a href="#">▶</a> BUN: Creatinine Ratio	11		
<a href="#">▶</a> Phosphorus	4.1	2.5 - 6.8 mg/dL	
<a href="#">▶</a> <b>Calcium</b>	<b>12.5</b>	7.9 - 12.0 mg/dL	
<a href="#">▶</a> Sodium	147	144 - 160 mmol/L	
<a href="#">▶</a> Potassium	5.2	3.5 - 5.8 mmol/L	
<a href="#">▶</a> Na: K Ratio	28		
<a href="#">▶</a> Chloride	113	109 - 122 mmol/L	
<a href="#">▶</a> Albumin	3.2	2.2 - 3.9 g/dL	



# Step 2: Stage CKD

					
		Stage 1 No azotemia	Stage 2 Mild	Stage 3 Moderate	Stage 4 Severe
<b>Creatinine</b> in mg/dL					
Stage based on stable creatinine	Canine	< 1.4	1.4–2.0	2.1–5.0	> 5.0
	Feline	< 1.6	1.6–2.8	2.9–5.0	> 5.0
 <b>SDMA</b> in µg/dL					
		> 14	> 14	Moderately increased	Markedly increased
 Consider understaged based on creatinine			≥ 25		
				≥ 45	
<b>UPC ratio</b>					
Substage based on proteinuria	Canine	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.5	Proteinuric >0.5	
	Feline	Nonproteinuric <0.2	Borderline proteinuric 0.2–0.4	Proteinuric >0.4	
<b>Systolic blood pressure</b> in mm Hg					
Substage based on blood pressure		Normotensive <150		Borderline hypertensive 150–159	
		Hypertensive 160–179		Severely hypertensive ≥180	

# Step 3: Treat CKD



## Stage 1 No azotemia

Investigate for and treat underlying disease

Treat hypertension if systolic blood pressure persistently >160 or evidence of end-organ damage

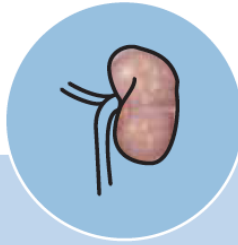
Treat persistent proteinuria with therapeutic diet and medication (UPC >0.5 in dogs; UPC >0.4 in cats)

s Keep phosphorus <4.6 mg/dL  
If required, use kidney therapeutic diet +/- phosphate binder

Use with caution potentially nephrotoxic drugs

Correct prerenal and postrenal abnormalities

Fresh water available at all times



## Stage 2 Mild

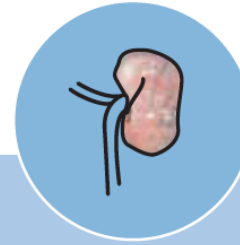
Same as Stage 1

Kidney therapeutic diet

Treat hypokalemia in cats

Treat metabolic acidosis

If ■ SDMA ≥ 25, consider treatment for Stage 3



## Stage 3 Moderate

Same as Stage 2

Keep phosphorus <5.0 mg/dL

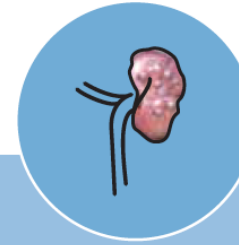
Treat anemia (PCV <25% in dogs; PCV <20% in cats)

Treat vomiting/inappetence/nausea

Consider subcutaneous and/or enteral fluids to maintain hydration

Consider calcitriol therapy in dogs

If ■ SDMA ≥ 45, consider treatment for Stage 4



## Stage 4 Severe

Same as Stage 3

Keep phosphorus <6.0 mg/dL

Consider feeding tube for nutritional and hydration support and for ease of medicating

# Gaykey 小總結

- Cre 上升，SDMA 上升
- 慢性腎病分級，以SDMA，Cre 合併評估，避免低估疾病嚴重程度
- 正確的分級，提供合理的治療





回顧Gaykey的故事...

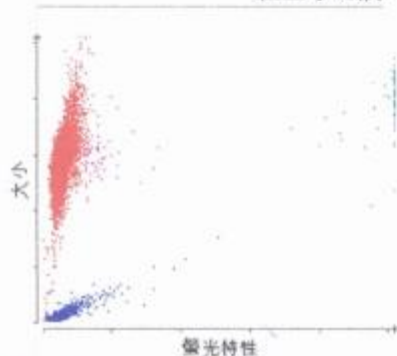
# Case 3 Gaykey 回顧

- 一隻有臨床症狀的狗
- 10歲
- 嘔吐
- 脫水8%
- 黏膜蒼白

檢驗項目	檢驗結果	參考區間	低	參考範圍	高
ProCyte Dx (2018年2月7日 下午 2:11)					
RBC	5.55 M/ $\mu$ L	5.65 - 8.87	低		
HCT	40.7 %	37.3 - 61.7			
HGB	12.6 g/dL	13.1 - 20.5	低		
MCV	73.3 fL	61.6 - 73.5			
MCH	22.7 pg	21.2 - 25.9			
MCHC	31.0 g/dL	32.0 - 37.9	低		
RDW	15.4 %	13.6 - 21.7			
%RETIC	0.3 %				
RETIC	14.4 K/ $\mu$ L	10.0 - 110.0			
WBC	12.69 K/ $\mu$ L	5.05 - 16.76			
%NEU	84.4 %				
%LYM	9.1 %				
%MONO	4.8 %				
%EOS	1.5 %				
%BASO	0.2 %				
NEU	10.71 K/ $\mu$ L	2.95 - 11.64			
LYM	1.16 K/ $\mu$ L	1.05 - 5.10			
MONO	0.61 K/ $\mu$ L	0.18 - 1.12			
EOS	0.19 K/ $\mu$ L	0.06 - 1.23			
BASO	0.02 K/ $\mu$ L	0.00 - 0.10			
PLT	466 K/ $\mu$ L	148 - 484			
MPV	9.1 fL	8.7 - 13.2			
PDW	11.2 fL	9.1 - 19.4			
PCT	0.42 %	0.14 - 0.46			

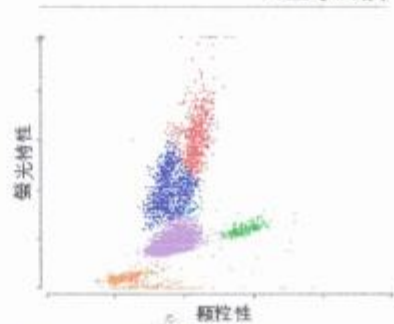
貧血? + 脫水

紅血球測試



- 紅血球 ■ 網狀紅血球 ■ 血小板 (PLT)
- 紅血球碎片 ■ 白血球

白血球測試



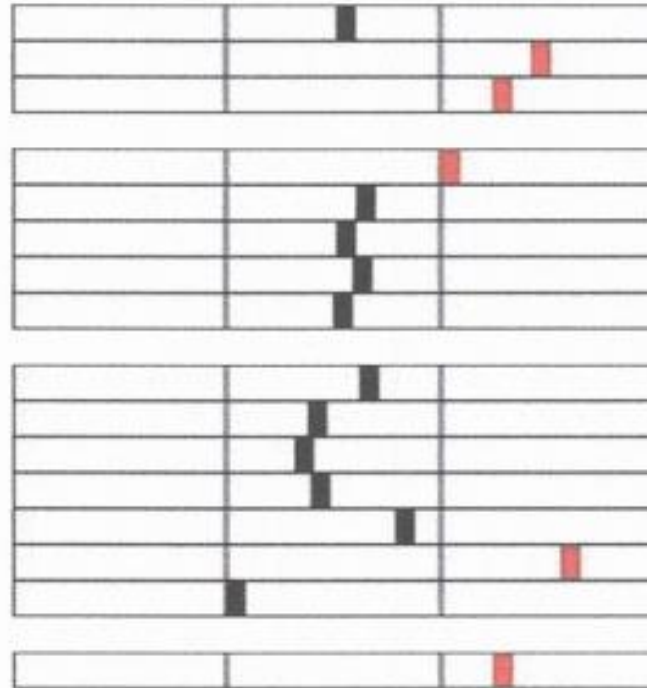
- 嗜中性白血球 (NEU) ■ 淋巴球 (LYM)
- 單核球 (MONO) ■ 嗜酸性球 (EOS)
- 嗜鹼性白血球 (BASO) ■ U紅血球

# Case 3 Gaykey 回顧

Chem15+ Lyte4 + CRP + SNAP cPL

## Catalyst One (2018年2月7日 下午 2:19)

GLU	112 mg/dL	70 - 143	
CREA	3.3 mg/dL	0.5 - 1.8	高
BUN	48 mg/dL	7 - 27	高
BUN/CREA	15	-	
PHOS	7.5 mg/dL	2.5 - 6.8	高
CA	10.6 mg/dL	7.9 - 12.0	
TP	6.9 g/dL	5.2 - 8.2	
ALB	3.3 g/dL	2.2 - 3.9	
GLOB	3.6 g/dL	2.5 - 4.5	
ALB/GLOB	0.9	-	
ALT	87 U/L	10 - 125	
ALKP	106 U/L	23 - 212	
GGT	4 U/L	0 - 11	
TBIL	0.4 mg/dL	0.0 - 0.9	
CHOL	285 mg/dL	110 - 320	
Na	166 mmol/L	144 - 160	高
K	3.5 mmol/L	3.5 - 5.8	
Na/K	48	-	
Cl	130 mmol/L	109 - 122	高
Osm Calc	339 mmol/kg	-	

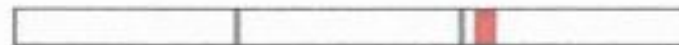


## SNAPSHOT Dx (2018年2月7日 下午 2:37)

cPL 異常

## Catalyst One (2018年2月7日 下午 3:36)

CRP 2.0 mg/dL 0.0 - 1.0 高



C-反應蛋白 (CRP): 分析儀的最新分析測試結果已乘以2個總部分的稀釋倍數。

C 反應蛋白 (C-Reactive Protein, CRP)

CRP 濃度 >3.0 mg/dL 指示具有顯著臨床意義的全身性發炎。

# 血液生化檢測報告到底說些什麼??

## Primary

- 針對某一臟器系統的指數
- 找出疾病位置

## Secondary

- 也會受到其他系統的影響
- 特異性沒有那麼高
- 對於疾病追蹤 與生理的影響有重要的指標意義。
- 併發症的評估

# 血液生化檢測報告到底說些什麼??

Chem17	腎臟 Kidney
GLU	
CREA	●
BUN	●
Phos	●
Ca	●
TP	
ALB	●
ALT	
ALP	
GGT	
Tbil	
CHOL	●
AMYL	
LIPA	

Diagram illustrating the relationship between blood chemistry tests and kidney function:

- CREA and BUN (Primary) → 絲球體過清率 (GFR)
- Phos and Ca (Secondary) → 腎小管再吸收
- ALB (Secondary) → 腎病症候群 (蛋白質流失)
- CHOL (Secondary) → 腎病症候群

**Primary**

**Secondary**



# 血液生化檢測報告到底說些什麼??

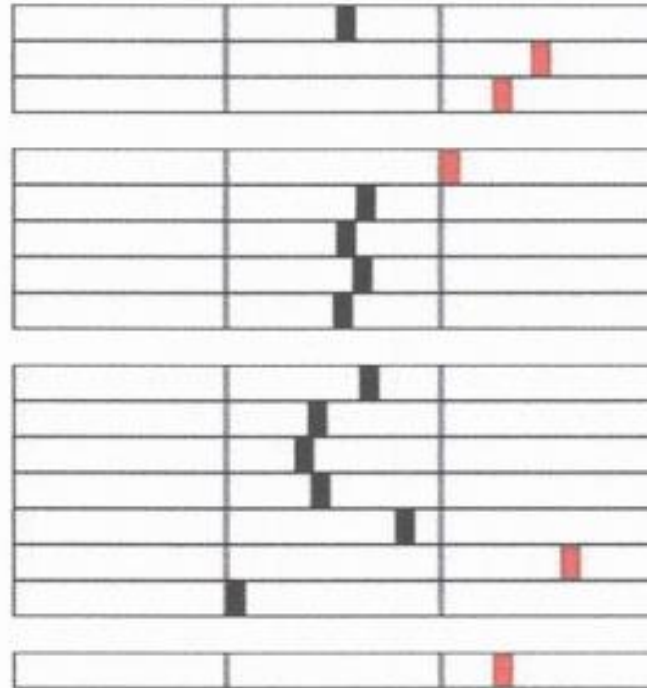
Chem17	腎臟 Kidney	肝臟 Liver	胰臟外分泌 Exo Pancreas	腸道 GI	胰島內分泌 Endocrine Pancreas
GLU		●	●		●
CREA	●		●		●
BUN	●	●		●	
Phos	●				●
Ca	●		●		
TP		●		●	
ALB	●	●	●	●	
ALT		●	●		●
ALP		●	●		●
GGT		●	●		●
Tbil		●	●		
CHOL	●	●	●		●
AMYL			●		●
LIPA			●		●

# Case 3 Gaykey 回顧

Chem15+ Lyte4 + CRP + SNAP cPL

## Catalyst One (2018年2月7日 下午 2:19)

GLU	112 mg/dL	70 - 143	
CREA	3.3 mg/dL	0.5 - 1.8	高
BUN	48 mg/dL	7 - 27	高
BUN/CREA	15	-	
PHOS	7.5 mg/dL	2.5 - 6.8	高
CA	10.6 mg/dL	7.9 - 12.0	
TP	6.9 g/dL	5.2 - 8.2	
ALB	3.3 g/dL	2.2 - 3.9	
GLOB	3.6 g/dL	2.5 - 4.5	
ALB/GLOB	0.9	-	
ALT	87 U/L	10 - 125	
ALKP	106 U/L	23 - 212	
GGT	4 U/L	0 - 11	
TBIL	0.4 mg/dL	0.0 - 0.9	
CHOL	285 mg/dL	110 - 320	
Na	166 mmol/L	144 - 160	高
K	3.5 mmol/L	3.5 - 5.8	
Na/K	48	-	
Cl	130 mmol/L	109 - 122	高
Osm Calc	339 mmol/kg	-	

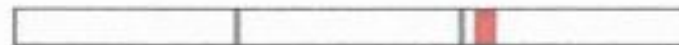


## SNAPSHOT Dx (2018年2月7日 下午 2:37)

cPL 異常

## Catalyst One (2018年2月7日 下午 3:36)

CRP 2.0 mg/dL 0.0 - 1.0 高



C-反應蛋白 (CRP): 分析儀的最新分析測試結果已乘以2個總部分的稀釋倍數。

C 反應蛋白 (C-Reactive Protein, CRP)

CRP 濃度 >3.0 mg/dL 指示具有顯著臨床意義的全身性發炎。

# Case 3 (Gaykey) Feb 7 2018

## 腎臟檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
CREA	0.5-1.8 mg/dL	<b>3.3</b>	腎絲球體過濾率(GFR)
BUN	7-27 mg/dL	<b>48</b>	腎絲球體過濾率(GFR)
SDMA	0-14 ug/dL		腎絲球體過濾率(GFR)
PHOS	2.5-6.8 mg/dL	<b>7.5</b>	腎小管再吸收 (受GFR影響)
CA	7.9-12.0 mg/dL		腎臟內分泌調節 (搭配ALB判讀)
ALB	2.2-3.9 g/dL		腎臟損傷、蛋白質流失性腎病 (PLN)
CHOL	110-320 mg/dL		腎病症候群、蛋白質流失性腎病 (PLN)

## 腸胃檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
TP	5.2-8.2 g/dL		腸道炎症造成體液流失 (搭配ALB評估)
ALB	2.2-3.9 g/dL		腸道炎症造成體液流失、吸收不良
BUN	7-27 mg/dL	<b>48</b>	消化道出血

• **USG: 1.013**

## 肝臟檢測組合

檢測項目	參考區間	檢測結果	檢測顯示
ALB	2.2-3.9 g/dL		肝臟合成功能
ALT	10-125 U/L		肝細胞損傷
ALP	23-212 U/L		膽道阻塞
TP	5.2-8.2 g/dL		肝臟合成功能
GGT	0-11 U/L		膽道阻塞
GLU	70-143 mg/dL		肝臟儲存及合成功能
BUN	7-27 mg/dL	<b>48</b>	肝臟合成功能
TBIL	0.0-0.9 mg/dL		瀰漫性肝病、膽道阻塞
CHOL	110-320 mg/dL		肝臟合成功能、膽道阻塞

## 胰島檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
GLU	70-143 mg/dL		調控異常
CREA	0.5-1.8 mg/dL	<b>3.3</b>	腎絲球體過濾率(GFR)、脫水
PHOS	2.5-6.8 mg/dL	<b>7.5</b>	併發血磷調控異常
ALT	10-125 U/L		併發脂肪肝
ALP	23-212 U/L		併發脂肪肝、膽道阻塞
GGT	0-11 U/L		併發脂肪肝、膽道阻塞
CHOL	110-320 mg/dL		併發脂肪肝、膽道阻塞
AMYL	500-1500 U/L		評估潛在胰臟疾病 (搭配Crea評估)
LIPA	200-1800 U/L		評估潛在胰臟疾病 (搭配Crea評估)

## 胰臟檢測組合

檢測項目	參考區間	檢測結果	檢測顯示
AMYL	500-1500 U/L		胰臟損傷 (搭配腎灌注判讀)
LIPA	200-1800 U/L		胰臟損傷 (搭配腎灌注判讀)
CREA	0.5-1.8 mg/dL	<b>3.3</b>	腎絲球體過濾率(GFR)
GLU	70-143 mg/dL		併發症 (病灶區鈣化)(搭配ALB判讀)
CA	7.9-12.0 mg/dL		併發症 (系統性炎症反應、脫水)
ALB	2.2-3.9 g/dL		併發症 (病灶區鈣化)(搭配ALB判讀)
ALT	10-125 U/L		併發症 (肝炎)
ALP	23-212 U/L		併發症 (肝炎、膽管炎)
GGT	0-11 U/L		併發症 (肝炎、膽管炎)
TBIL	0.0-0.9 mg/dL		併發症 (肝炎、膽管炎)
CHOL	110-320 mg/dL		併發症 (肝炎、膽管炎)

• **SNAP cPL: abnormal**

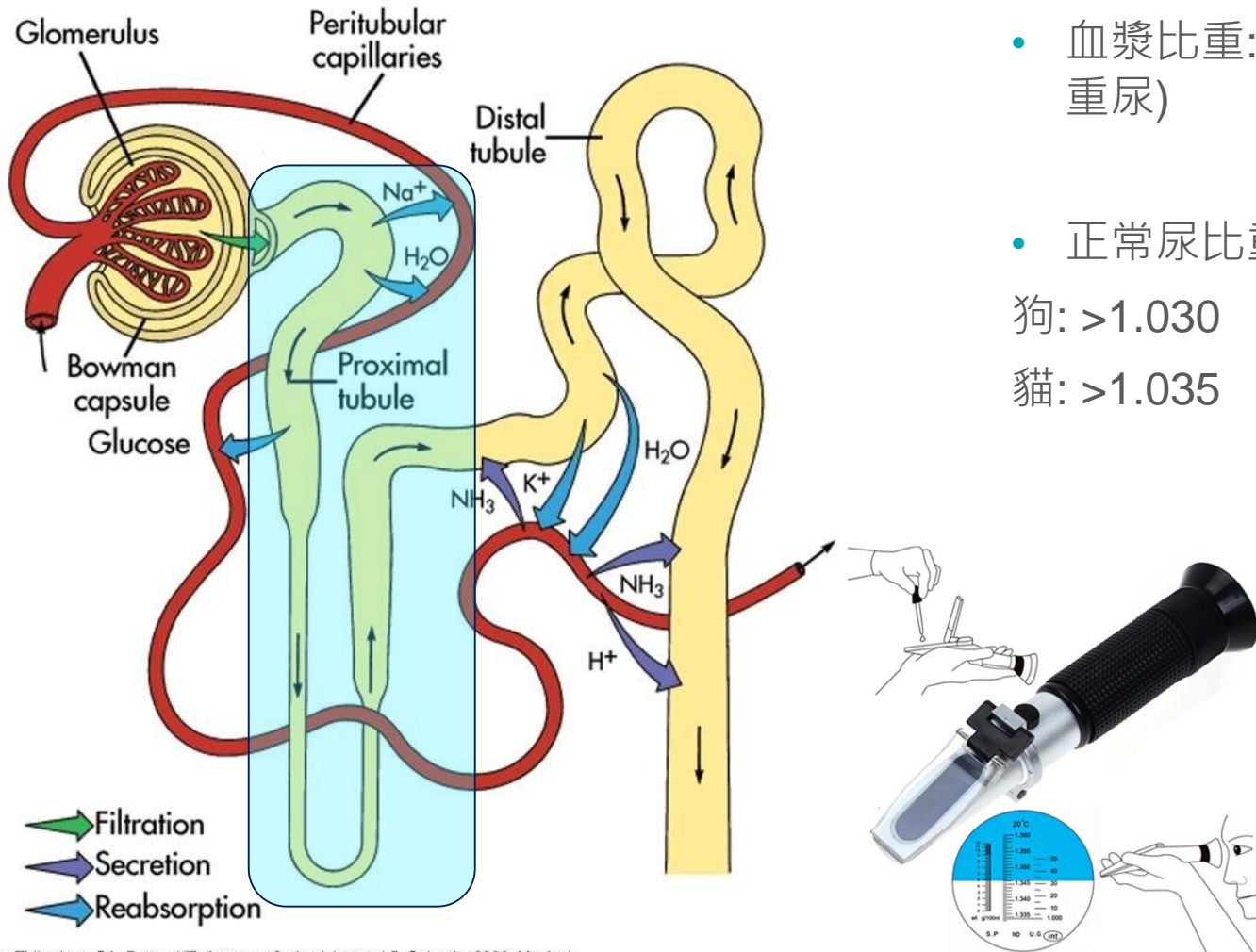
• **CRP: 2 mg/dL**

# 腎功能的評估: 腎小管再吸收功能

腎臟產生等比重尿，已喪失調節水合的能力!!!

## 尿比重 USG(折光計)

- 反應腎臟對尿液加工的能力
- 血漿比重: 1.008 ~ 1.012 (等比重尿)
- 正常尿比重  
狗: >1.030  
貓: >1.035



(From Thibodeau GA, Patton KT: *Anatomy & physiology*, ed 5, St Louis, 2003, Mosby.)

# Case 3 Gaykey 回顧

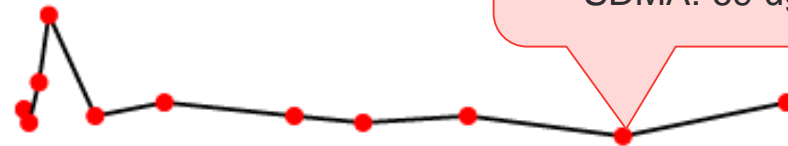
## Creatinine

**Jun 8 2018:**

- CREA: 3.1 mg/dL
- SDMA: 69 ug/dL

**Jun 11 2018:**

- CREA: 3.6 mg/dL
- SDMA: 61 ug/dL

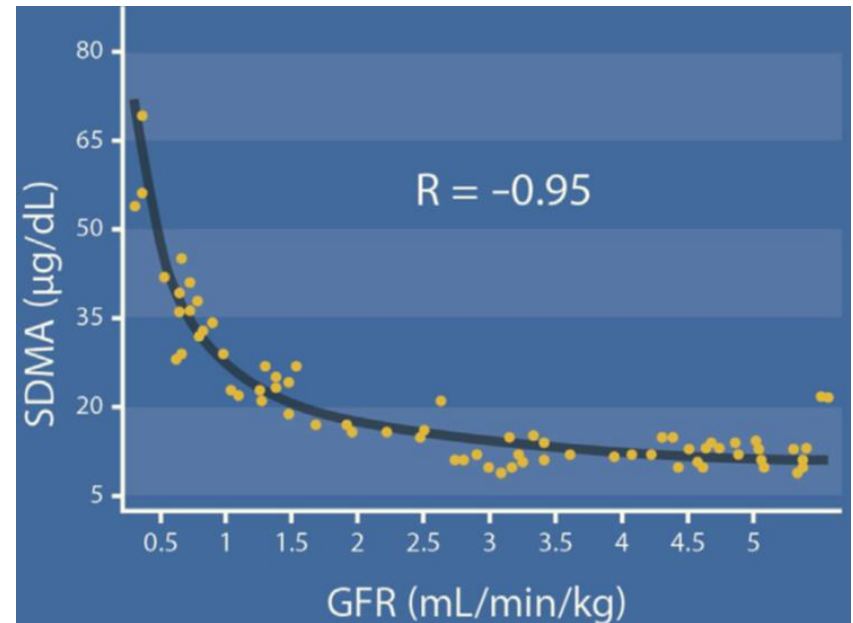
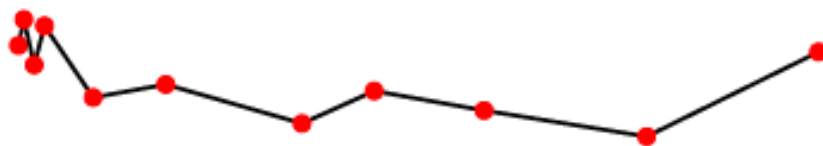


USG: 1.013

USG: 1.008







## BUN



# Case 3 Gaykey 治療監控要點

## Step 3: 治療

	 <b>第一期</b> 無氮血症	 <b>第二期</b> 輕微氮血症	 <b>第三期</b> 中等氮血症	 <b>第四期</b> 嚴重氮血症
<b>治療建議</b>	調查和治療潛在的疾病	與第一期相同	與第二期相同	與第三期相同
	如果收縮壓持續 >160mmHg，或目標器官出現損傷則需要治療高血壓	腎臟治療 飲食、貓治療低血鉀、校正代謝性酸血症	保持磷濃度 <5.0mg/dL	保持磷濃度 <6.0mg/dL
	<div style="border: 2px solid red; padding: 2px;">                         持續性蛋白尿以飲食和藥物控制 (在狗UPC&gt;0.5；在貓UPC&gt;0.4)                     </div>	如果 $\square$ SDMA 濃度 $\geq 25 \mu\text{g/dL}$ ，考慮以第三期治療	<div style="border: 2px solid red; padding: 2px;">                         治療貧血 (狗PCV&lt;25%；貓PCV&lt;20%)                     </div>	<div style="border: 2px solid red; padding: 2px;">                         考慮放置餵食管，給予營養和水分的支持以及易於投藥                     </div>
	保持血磷濃度 <4.6mg/dL，必要時，使用腎臟處方食物+/-磷酸鹽結合劑	<div style="border: 2px solid red; padding: 2px;">                         謹慎使用潛在腎毒性的藥物                     </div>	<div style="border: 2px solid red; padding: 2px;">                         處理嘔吐/食慾不振/噁心                     </div>	
	校正腎前性和腎後性氮血症的藥物		<div style="border: 2px solid red; padding: 2px;">                         考慮皮下和/或經腸道液體補充以保持水合                     </div>	
隨時提供新鮮的飲水		狗可考慮骨化三醇(Calcitriol)治療		
對於肌肉質量減少的患者，Creatinine可能低估腎功能障礙的嚴重程度。考慮使用下一個分期治療的建議。		如果 $\square$ SDMA 濃度 $\geq 45 \mu\text{g/dL}$ ，考慮以第四期治療		

# Case 3 Gaykey 回顧

Chemistry	7/11/18 11:27 AM	7/11/18 11:12 AM		
>  Glucose		129	70 - 143 mg/dL	
> <b>IDEXX SDMA</b> <a href="#">Learn More</a>	<sup>a</sup> <b>61</b>			
> <b>Creatinine</b>		<b>3.6</b>	0.5 - 1.8 mg/dL	
> <b>BUN</b>		<b>48</b>	7 - 27 mg/dL	
> BUN: Creatinine Ratio		14		
>  Phosphorus		4.8	2.5 - 6.8 mg/dL	
>  Calcium		11.1	7.9 - 12.0 mg/dL	
>  Sodium		149	144 - 160 mmol/L	
>  Potassium		4.5	3.5 - 5.8 mmol/L	
> Na: K Ratio		33		
>  Chloride		110	109 - 122 mmol/L	
>  Total Protein		7.4	5.2 - 8.2 g/dL	
>  Albumin		2.8	2.2 - 3.9 g/dL	
>  Globulin		4.5	2.5 - 4.5 g/dL	
> Albumin: Globulin Ratio		0.6		
>  ALT		81	10 - 125 U/L	
> <b>ALP</b>		<b>286</b>	23 - 212 U/L	
>  GGT		2	0 - 11 U/L	
>  Bilirubin - Total		0.4	0.0 - 0.9 mg/dL	
> <b>Cholesterol</b>		<b>451</b>	110 - 320 mg/dL	
>  Amylase		1,059	500 - 1,500 U/L	
>  Lipase		510	200 - 1,800 U/L	
Osmolality		309	mmol/kg	



# Case 3 (Gaykey) Jul 11 2018

## 腎臟檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
CREA	0.5-1.8 mg/dL	<b>3.6</b>	腎絲球體過濾率(GFR)
BUN	7-27 mg/dL	<b>48</b>	腎絲球體過濾率(GFR)
SDMA	0-14 ug/dL		腎絲球體過濾率(GFR)
PHOS	2.5-6.8 mg/dL	<b>4.8 ← 7.5</b>	腎小管再吸收 (受GFR影響)
CA	7.9-12.0 mg/dL		腎臟內分泌調節 (搭配ALB判讀)
ALB	2.2-3.9 g/dL		腎臟損傷、蛋白質流失性腎病 (PLN)
CHOL	110-320 mg/dL	<b>451</b>	腎病症候群、蛋白質流失性腎病 (PLN)

## 腸胃檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
TP	5.2-8.2 g/dL		腸道炎症造成體液流失(搭配ALB評估)
ALB	2.2-3.9 g/dL		腸道炎症造成體液流失、吸收不良
BUN	7-27 mg/dL	<b>48</b>	消化道出血

- **USG: 1.008**
- **SDMA: 61**

## 肝臟檢測組合

檢測項目	參考區間	檢測結果	檢測顯示
ALB	2.2-3.9 g/dL		肝臟合成功能
ALT	10-125 U/L		肝細胞損傷
ALP	23-212 U/L	<b>286</b>	膽道阻塞
TP	5.2-8.2 g/dL		肝臟合成功能
GGT	0-11 U/L		膽道阻塞
GLU	70-143 mg/dL		肝臟儲存及合成功能
BUN	7-27 mg/dL	<b>48</b>	肝臟合成功能
TBIL	0.0-0.9 mg/dL		瀰漫性肝病、膽道阻塞
CHOL	110-320 mg/dL	<b>451</b>	肝臟合成功能、膽道阻塞

## 胰島檢測組合\*

檢測項目	參考區間	檢測結果	檢測顯示
GLU	70-143 mg/dL		調控異常
CREA	0.5-1.8 mg/dL	<b>3.6</b>	腎絲球體過濾率(GFR)、脫水
PHOS	2.5-6.8 mg/dL	<b>4.8 ← 7.5</b>	併發血磷調控異常
ALT	10-125 U/L		併發脂肪肝
ALP	23-212 U/L	<b>286</b>	併發脂肪肝、膽道阻塞
GGT	0-11 U/L		併發脂肪肝、膽道阻塞
CHOL	110-320 mg/dL	<b>451</b>	併發脂肪肝、膽道阻塞
AMYL	500-1500 U/L		評估潛在胰臟疾病 (搭配Crea評估)
LIPA	200-1800 U/L		評估潛在胰臟疾病 (搭配Crea評估)

## 胰臟檢測組合

檢測項目	參考區間	檢測結果	檢測顯示
AMYL	500-1500 U/L		胰臟損傷 (搭配腎灌注判讀)
LIPA	200-1800 U/L		胰臟損傷 (搭配腎灌注判讀)
CREA	0.5-1.8 mg/dL	<b>3.6</b>	腎絲球體過濾率(GFR)
GLU	70-143 mg/dL		併發症 (病灶區鈣化)(搭配ALB判讀)
CA	7.9-12.0 mg/dL		併發症 (系統性炎症反應、脫水)
ALB	2.2-3.9 g/dL		併發症 (病灶區鈣化)(搭配ALB判讀)
ALT	10-125 U/L		併發症 (肝炎)
ALP	23-212 U/L	<b>286</b>	併發症 (肝炎、膽管炎)
GGT	0-11 U/L		併發症 (肝炎、膽管炎)
TBIL	0.0-0.9 mg/dL		併發症 (肝炎、膽管炎)
CHOL	110-320 mg/dL	<b>451</b>	併發症 (肝炎、膽管炎)

- **SNAP cPL: normal**
- **CRP: 16.3 mg/dL**



# Case 3 Gaykey 回顧

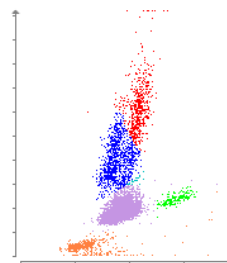
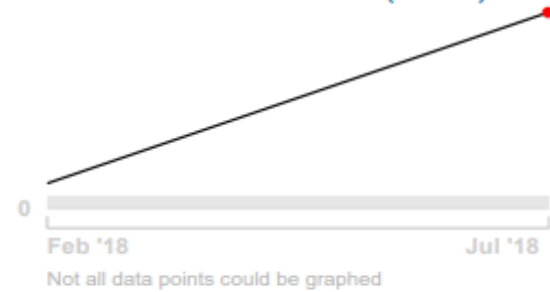
## Phosphorus



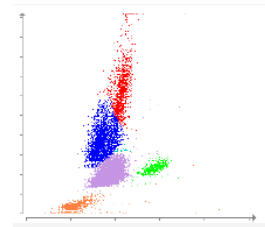
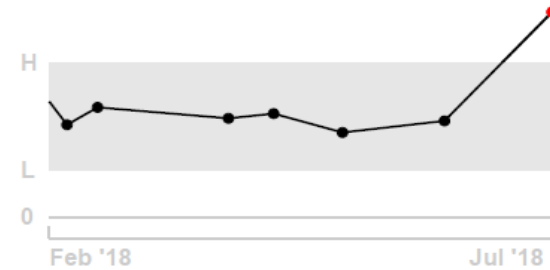
## ALP



## C-Reactive Protein (CRP)



## WBC



# Case 3 Gaykey 回顧

## Urinalysis

7/11/18 11:45 AM

TEST	RESULT	REFERENCE VALUE
Collection	Cystocentesis	
Color	Straw	
Clarity	Clear	
Specific Gravity	1.008	
pH	6.5	
Urine Protein	30	mg/dL
Glucose	300	mg/dL
Ketones	neg	
Blood / Hemoglobin	250	Ery/ $\mu$ L
Bilirubin	neg	
Urobilinogen	norm	
Leukocyte Esterase	neg	

TEST	RESULT	REFERENCE VALUE
Urine Creatinine	28	mg/dL
Urine Protein	79	mg/dL

Urine Protein:  
Creatinine Ratio 2.85 1.89



2/8/18  
10:01 AM

Cystocente...

Straw

Clear

1.013

6.0

30

100

neg

250

neg

norm

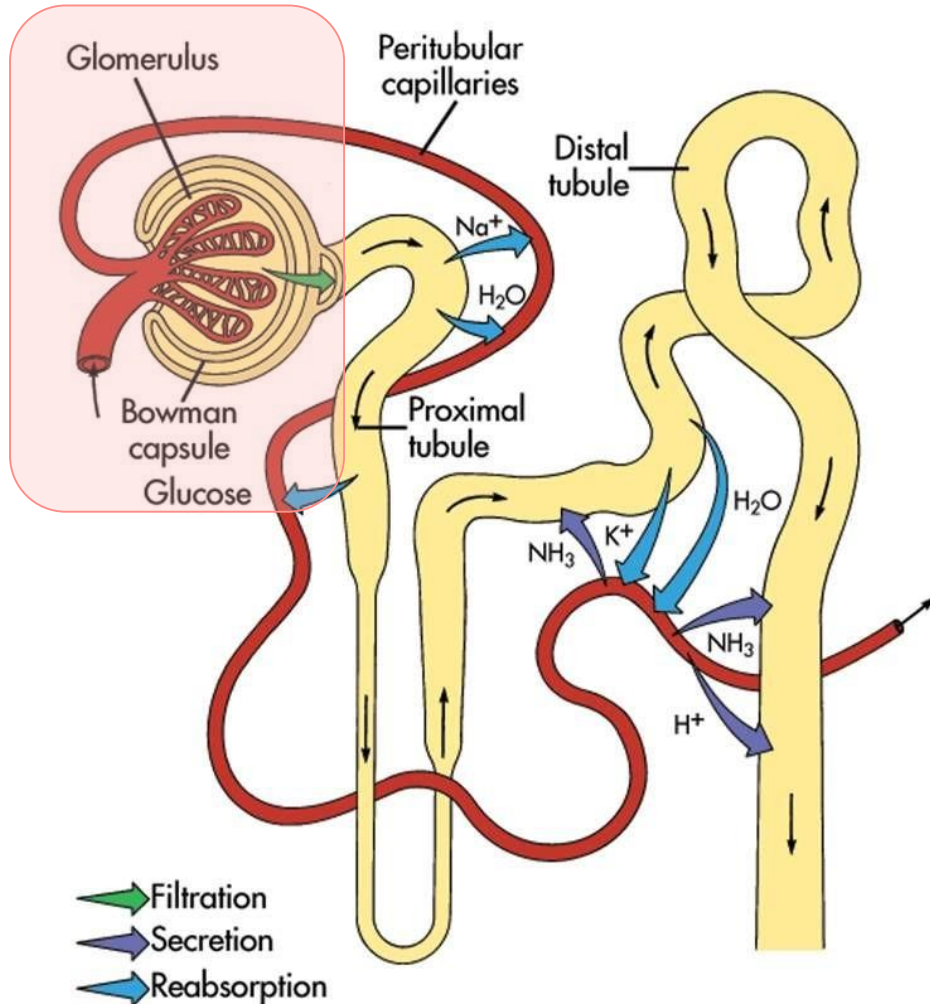
neg

33

62

1.89

# 腎損傷的評估:



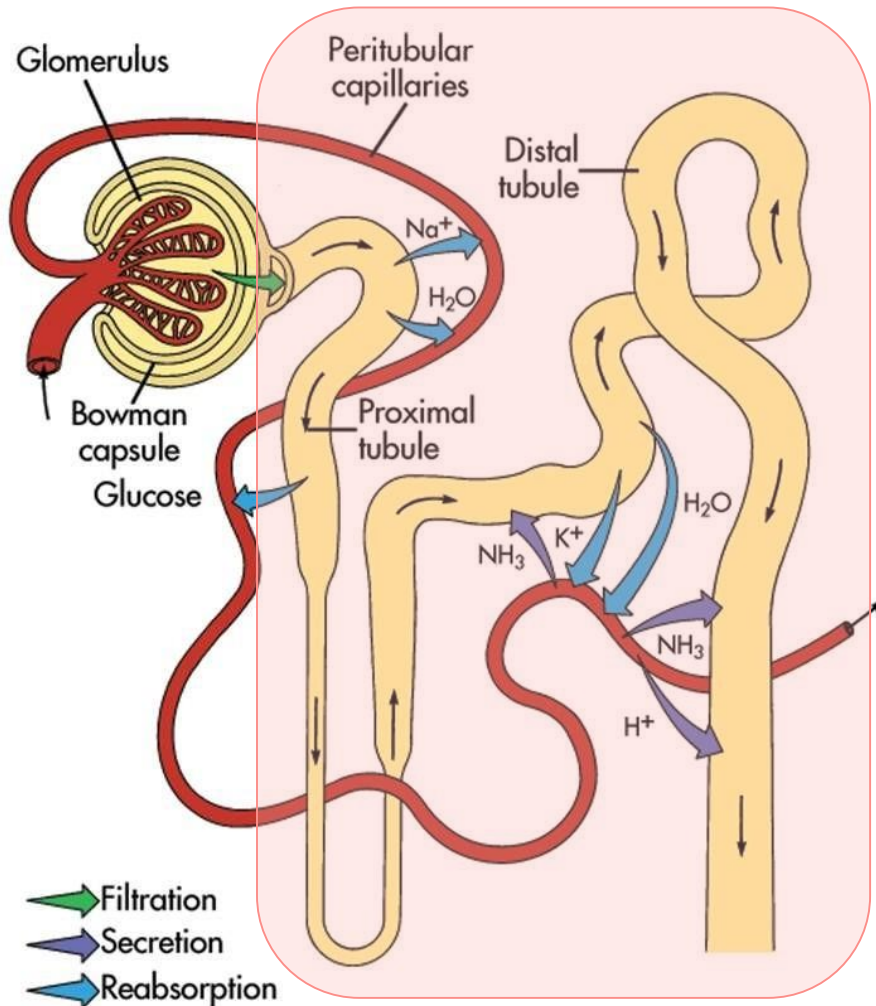
(From Thibodeau GA, Patton KT: *Anatomy & physiology*, ed 5, St Louis, 2003, Mosby.)

## ■ 蛋白尿 (絲球體)

- 免疫附合體沉著
- 絲球體腎炎
- 類澱粉沉著

**ALB 由尿液流失，是對動物最嚴重的損害。**  
**持續絲球體腎炎，會導致腎元壞死。**

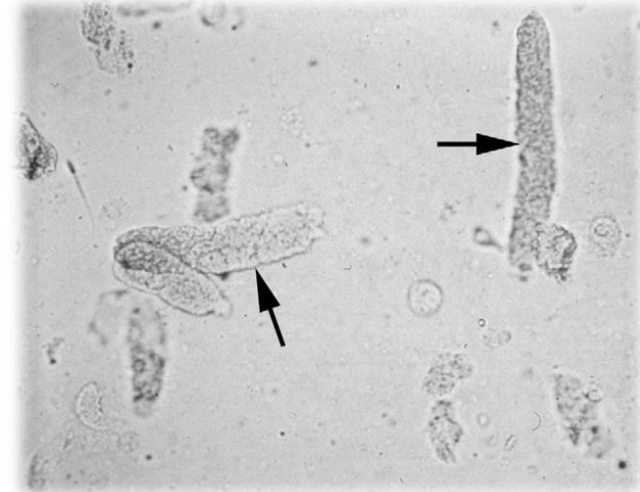
# 腎損傷的評估:



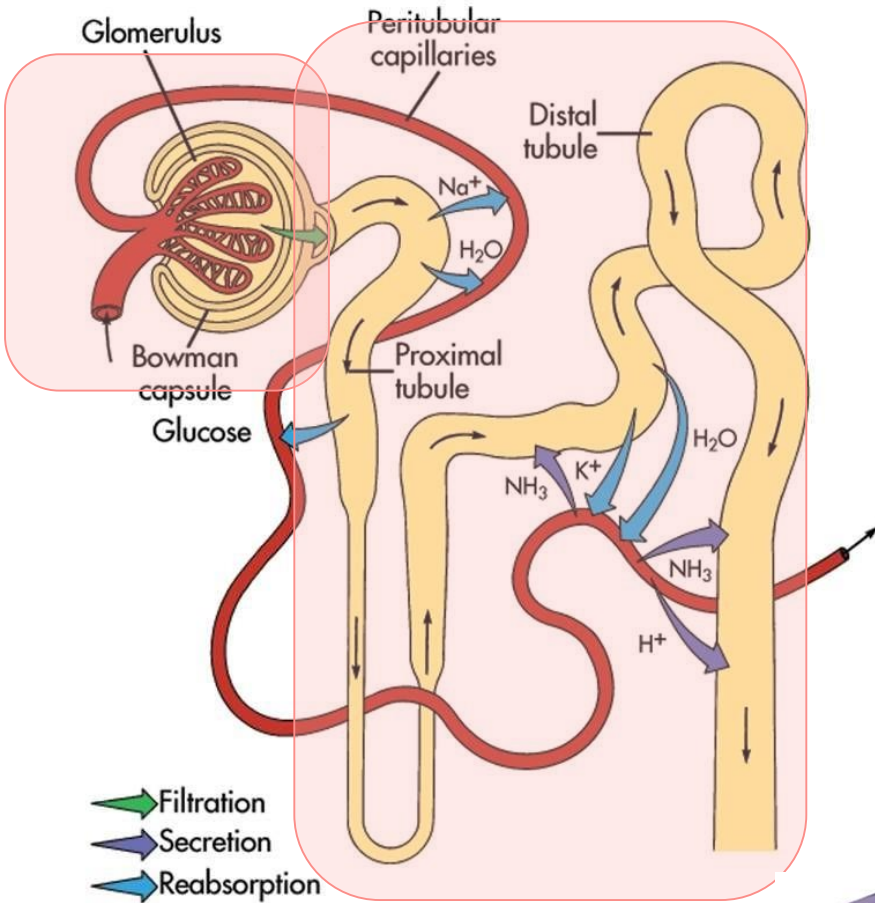
(From Thibodeau GA, Patton KT: *Anatomy & physiology*, ed 5, St Louis, 2003, Mosby.)

## ■ 蛋白尿 (腎小管)

- 急性腎小管損傷
- 腎毒性物質
- 缺氧造成壞死
- 炎症
- 上行性感染



# 腎損傷的評估: 絲球體損傷、腎小管功能



(From Thibodeau GA, Patton KT: *Anatomy & physiology*, ed 5, St Louis, 2003, Mosby.)

## ■ 尿液化學組成 (尿液試條紙)

- 尿蛋白 (protein):

需搭配尿比重，進行判讀評估。

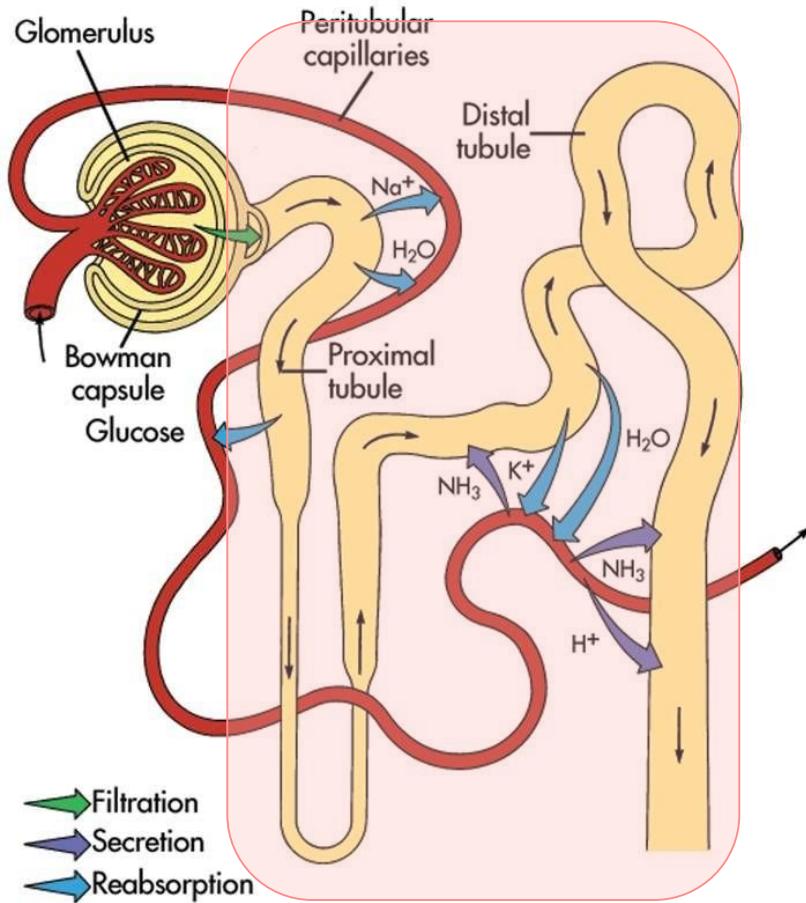


## ■ UPC (定量尿蛋白)

- Upro/Ucrea
- 用於診斷、追蹤



# 腎損傷的評估: 腎小管損傷



(From Thibodeau GA, Patton KT: *Anatomy & physiology*, ed 5, St Louis, 2003, Mosby.)

## ■ 尿液化學組成 (尿液試條紙)

- 尿糖 (glucose):
  - 腎小管再吸收功能喪失
  - 血糖過高
  - 短暫高血糖
- 酸鹼 (pH): 酸鹼調控
  - pH 5.0 ~ 7.0
  - 與血中 pH 相關性

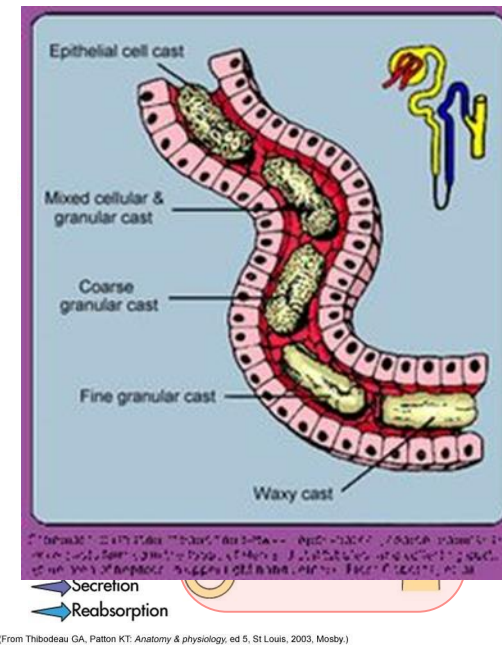




# 腎功能的評估: 腎小管損傷、炎症

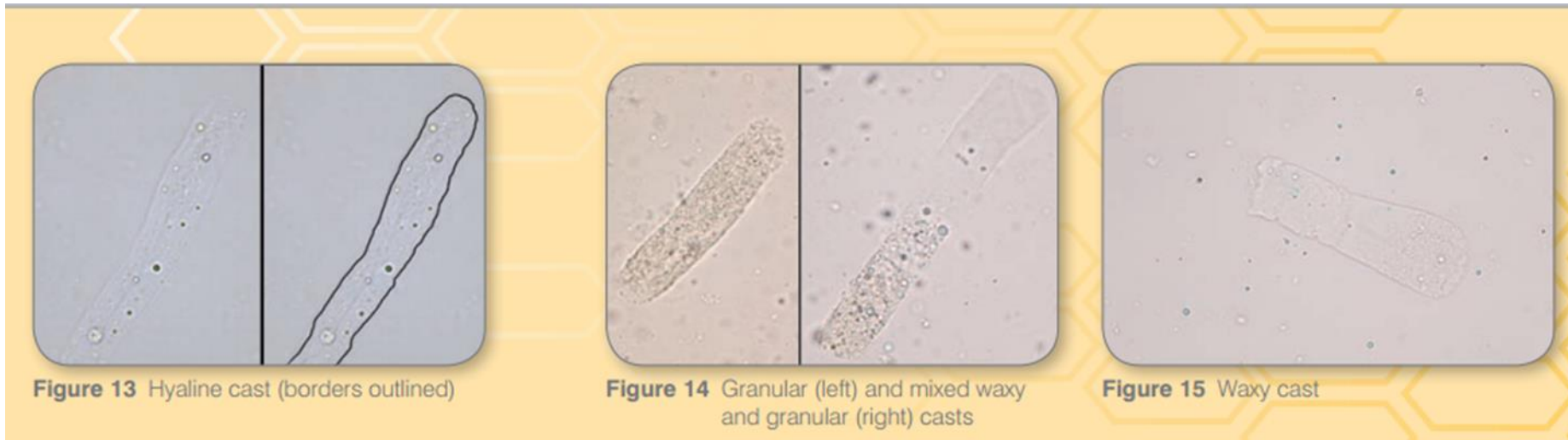
## ■ 尿渣檢查 (顯微鏡檢)

- 尿圓柱(Cast): 脫落的細胞堆積在腎小管內。



(From Thibodeau GA, Patton KT: Anatomy & physiology, ed 5, St Louis, 2003, Mosby.)

需搭配尿比重，進行判讀評估。

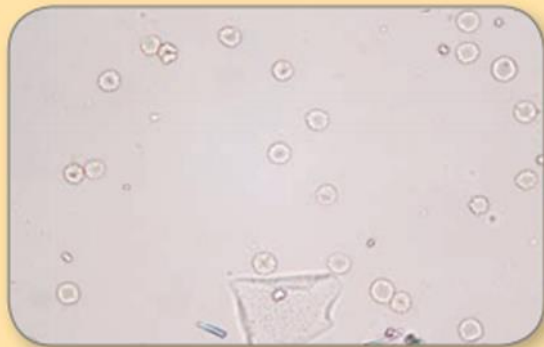
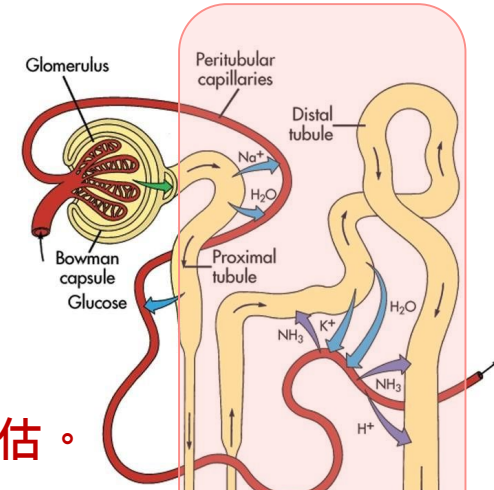


# 腎功能的評估: 腎小管損傷、炎症

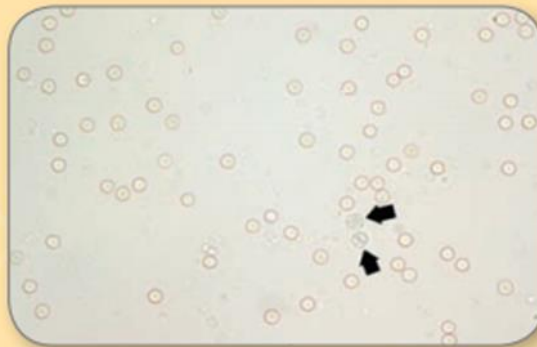
## ■ 尿渣檢查 (顯微鏡檢)

- 紅血球: 炎症反應導致的出血
- 白血球: 炎症反應
- 細菌: 感染

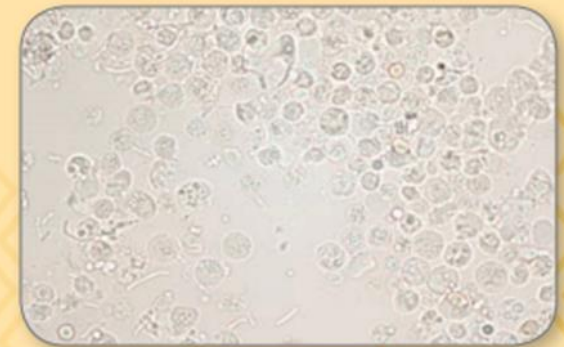
需搭配尿比重，進行判讀評估。



**Figure 1** Erythrocytes and one squamous epithelial cell



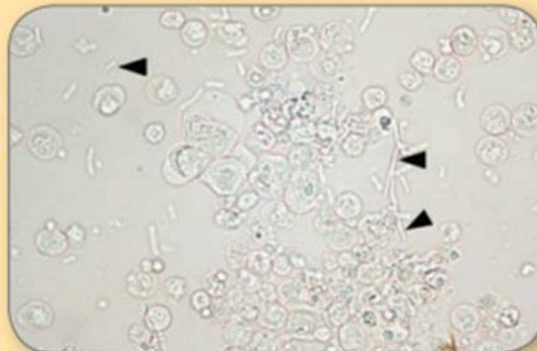
**Figure 2** Erythrocytes and two leukocytes (black arrows)



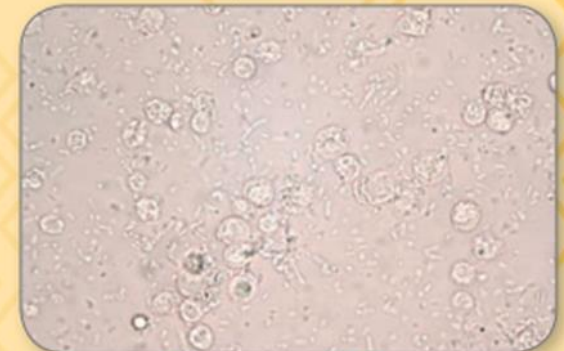
**Figure 3** Numerous leukocytes and few rod-shaped bacteria



**Figure 4** Many rod-shaped bacteria  
100x objective field of view



**Figure 5** Many leukocytes and large rod-shaped bacteria (black arrowheads)



**Figure 6** Numerous bacteria and leukocytes



# Case 3 Gaykey 回顧

盡可能維持動物與主人的生活品質，透過：

1. 完善的監控。
2. 適當的處置計畫，控制症狀和可能併發症。
3. 清楚的溝通，理解主人的期待。



Q&A

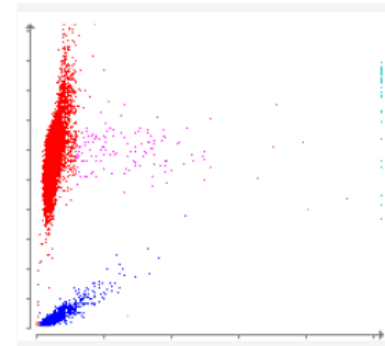
# Case 4 柑



- 10y/o 黃金獵犬，MN
- Unclear CKD history for several years.
- Normal ASUD and on k/d diet.
- PE: BCS: 8/9, well-hydration

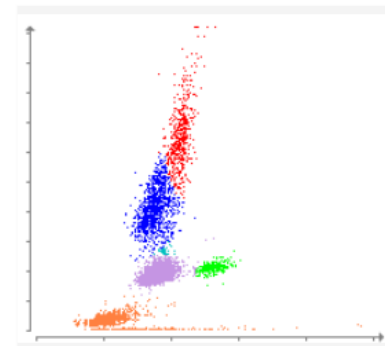
3/7/18 3:11 PM

TEST	RESULT	REFERENCE VALUE
RBC	7.38	5.65 - 8.87 M/ $\mu$ L
Hematocrit	46.1	37.3 - 61.7 %
Hemoglobin	16.1	13.1 - 20.5 g/dL
MCV	62.5	61.6 - 73.5 fL
MCH	21.8	21.2 - 25.9 pg
MCHC	34.9	32.0 - 37.9 g/dL
RDW	19.6	13.6 - 21.7 %
% Reticulocyte	0.5	%
Reticulocyte	38.4	10 - 110 K/ $\mu$ L
WBC	7.9	5.05 - 16.76 K/ $\mu$ L
% Neutrophil	69.6	%
% Lymphocyte	18.0	%
% Monocyte	7.5	%
% Eosinophil	4.4	%
% Basophil	0.5	%
Neutrophil	5.5	2.95 - 11.64 K/ $\mu$ L
Lymphocyte	1.42	1.05 - 5.1 K/ $\mu$ L
Monocyte	0.59	0.16 - 1.12 K/ $\mu$ L
Eosinophil	0.35	0.06 - 1.23 K/ $\mu$ L
Basophil	0.04	0 - 0.1 K/ $\mu$ L
Platelet	413	148 - 484 K/ $\mu$ L
PDW	14.6	9.1 - 19.4 fL
MPV	10.3	8.7 - 13.2 fL
Plateletcrit	0.43	0.14 - 0.46 %



- RETICS
- PLT
- WBC
- RBC\_FRAG
- RBC

 [Download](#)



- EOS
- URBC
- LYM
- BASO
- MONO
- NEU

 [Download](#)

# Chemistry













3/7/18

3:20 PM







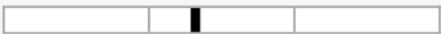




➤  Glucose	99	70 - 143 mg/dL	
➤  Creatinine	1.2	0.5 - 1.8 mg/dL	
➤  BUN	13	7 - 27 mg/dL	
➤ BUN: Creatinine Ratio	11		
➤  Phosphorus	3.7	2.5 - 6.8 mg/dL	
➤  Calcium	11.0	7.9 - 12.0 mg/dL	
➤  Sodium	152	144 - 160 mmol/L	
➤  Potassium	4.0	3.5 - 5.8 mmol/L	
➤ Na: K Ratio	39		
➤  Chloride	114	109 - 122 mmol/L	
➤  Total Protein	7.6	5.2 - 8.2 g/dL	
➤  Albumin	3.4	2.2 - 3.9 g/dL	
➤  Globulin	4.2	2.5 - 4.5 g/dL	
➤ Albumin: Globulin Ratio	0.8		
➤  ALT	63	10 - 125 U/L	
➤  ALP	85	23 - 212 U/L	

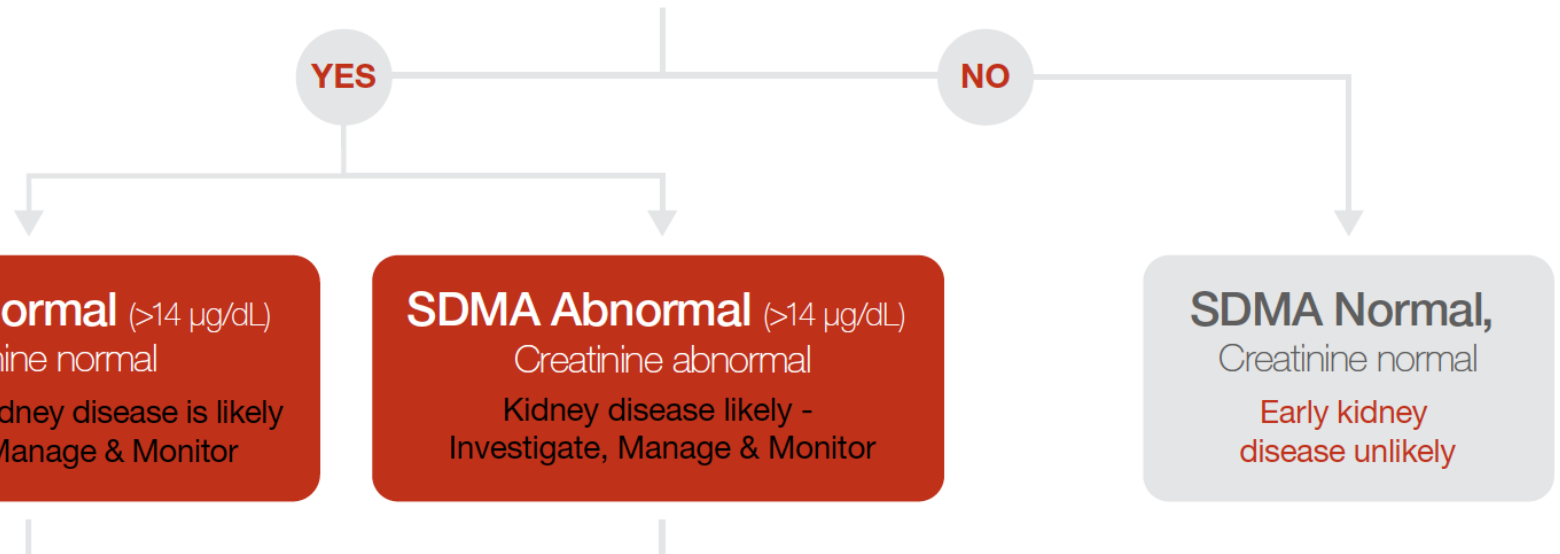
>  GGT	0	0 - 11 U/L	
>  Bilirubin - Total	0.2	0.0 - 0.9 mg/dL	
>  Cholesterol	271	110 - 320 mg/dL	
>  Amylase	1,093	500 - 1,500 U/L	
>  <b>Lipase</b>	<b>2,571</b>	<b>200 - 1,800 U/L</b>	
Osmolality	301	mmol/kg	
SNAP cPL	normal		

# 三個月後回診

- 左前肢傷口回診
- 更胖了~~
- 飼主想更改飼料

Chemistry		6/26/18 11:29 AM 		
<a href="#">▶</a>  IDEXX SDMA <a href="#">▶ Learn More</a>	<sup>a</sup> 10	0 - 14 µg/dL		
<a href="#">▶</a>  Creatinine	1.7	0.5 - 1.8 mg/dL		
<a href="#">▶</a>  BUN	13	7 - 27 mg/dL		
<a href="#">▶</a> BUN: Creatinine Ratio	7			
<a href="#">▶</a>  Phosphorus	4.5	2.5 - 6.8 mg/dL		

Is the SDMA result above 14  $\mu\text{g}/\text{dL}$ ?



如果 SDMA 及肌酸酐 (Creatinine) 兩者都落在參考區間內，那麼腎臟功能則可能是良好的。請評估完整的尿液分析並確認這裡沒有任何其他腎臟疾病的證據。



# 下一步建議

- 完整尿液檢查
- UPC
- 影像學上診

**To diagnose early CKD**

One or more of these diagnostic findings

- 
- Persistent increased SDMA > 14  $\mu\text{g/dL}$
- Abnormal kidney imaging
- Persistent renal proteinuria  
UPC > 0.5 in dogs; UPC > 0.4 in cats

OR

**To diagnose more advanced CKD**

Both of these diagnostic findings

Increased creatinine and SDMA concentrations

Creatinine

SDMA

Results of both tests should be interpreted in light of patient's hydration status.

plus

Urine specific gravity < 1.030

Urine specific gravity < 1.035

1.030	Canine	1.008
1.035	Feline	1.008

DOG Nutrient Dry Matter %	RF14	Farmina renal	k/d® + Mobility	k/d® Canine	g/d® Canine	h/d® Canine	Adult Original	Adult 7+ Original
Caloric content	3988	3781	4068	4050	3634	4129	3659	3666
Protein	14	13.0	15.3	15.5	18.3	18.5	24.5	19.6
Fat	18	15	23.6	23.0	11.3	20.6	15.0	14.9
Crude Fiber	3.4	1.4	3.9	1.7	0.9	1.9	2.2	2.4
Carbohydrate / NFE	47.1		53	54.5	65.3	54.5	52.7	58.0
Calcium	0.4	0.6	0.62	0.86	0.59	0.70	1.00	0.79
Phosphorous	0.2	0.25	0.29	0.33	0.43	0.53	0.74	0.67
Sodium	0.35	0.15	0.19	0.19	0.20	0.08	0.30	0.26
Potassium	0.6	0.60	0.68	0.84	0.71	0.80	0.70	0.70
Magnesium	0.09	0.06	0.121	0.144	0.077	0.122	0.114	0.120
Taurine						0.14	0.11	
Carnitine			226.0ppm					
Vitamin E			563 IU/kg	730 IU/kg	261 IU/kg	606 IU/kg	729 IU.kg	748 IU/kg
Vitamin C			92 Ppm	126ppm		255ppm	304ppm	280ppm
Total Omega-3 FA		0.5	3.81	0.95	0.83		0.64	0.48

# 柚子 小總結

- Cre 正常，SDMA 正常
- 腎臟疾病的正確的診斷很重要
- 診斷了？追蹤嗎？
- 腎臟飲食的介入時機
- 多一個診斷工具，增加診斷信心



# 四種情境

IDEXX  
SDMA™

CREATININE



如果 SDMA 及肌酸酐 (Creatinine) 兩者都落在參考區間內，那麼腎臟功能則可能是良好的。請評估完整的尿液分析並確認這裡沒有任何其他腎臟疾病的證據。



如果 SDMA 升高，但是肌酸酐卻落在參考區間內。SDMA 檢測相較於肌酸酐是一種更敏銳的腎臟功能指標，因為 SDMA 早期偵測腎臟功能下降，且不受肌肉發達影響。肌酸酐可能錯失早期功能喪失，且在肌肉不發達的患病動物中錯誤減少。SDMA 在急性和主動性損傷，以及慢性腎臟病中增加。應該進行一個完整的尿液分析以評估不當比重、蛋白尿及其他腎臟疾病的證據。有關建議行動的資訊，請瀏覽 [idexx.com/SDMAalgorithm](http://idexx.com/SDMAalgorithm)。



如果 SDMA 落在參考區間內並且肌酸酐值是升高的。這種結果組合不常見。SDMA 和肌酸酐可能同時受生物及檢測變異性影響，導致在參考區間上限附近波動；這可在管理良好的穩定慢性腎臟病發現，且結果可能與疾病惡化一致。肝臟功能正常、肌肉發達的狗，其肌酸酐值可能會超過參考區間值。肌酸酐可在餐後人為增加。如果仍懷疑有腎臟疾病，應該於所有患病動物進行一個完整的尿液分析以評估不當比重、蛋白尿或其他腎臟疾病的證據。



如果 SDMA 及肌酸酐兩者都呈現升高狀態，那麼可能有腎臟疾病且應採取行動。應該進行一個完整的尿液分析以評估不當尿比重、蛋白尿或其他腎臟疾病的證據。有關建議行動的資訊，請瀏覽 [idexx.com/SDMAalgorithm](http://idexx.com/SDMAalgorithm)。



**New**  
kidney function  
test:  
**SDMA**





貓咪提早了48個月偵測出

**48**個月



狗狗提早了27個月偵測出

**27**個月



SDMA最早可為貓咪提早48個月偵測到腎臟病；並為狗狗提早27個月偵測到腎臟病，讓您有更充裕的時間來調理狗貓的狀況，並提供有效的治療。

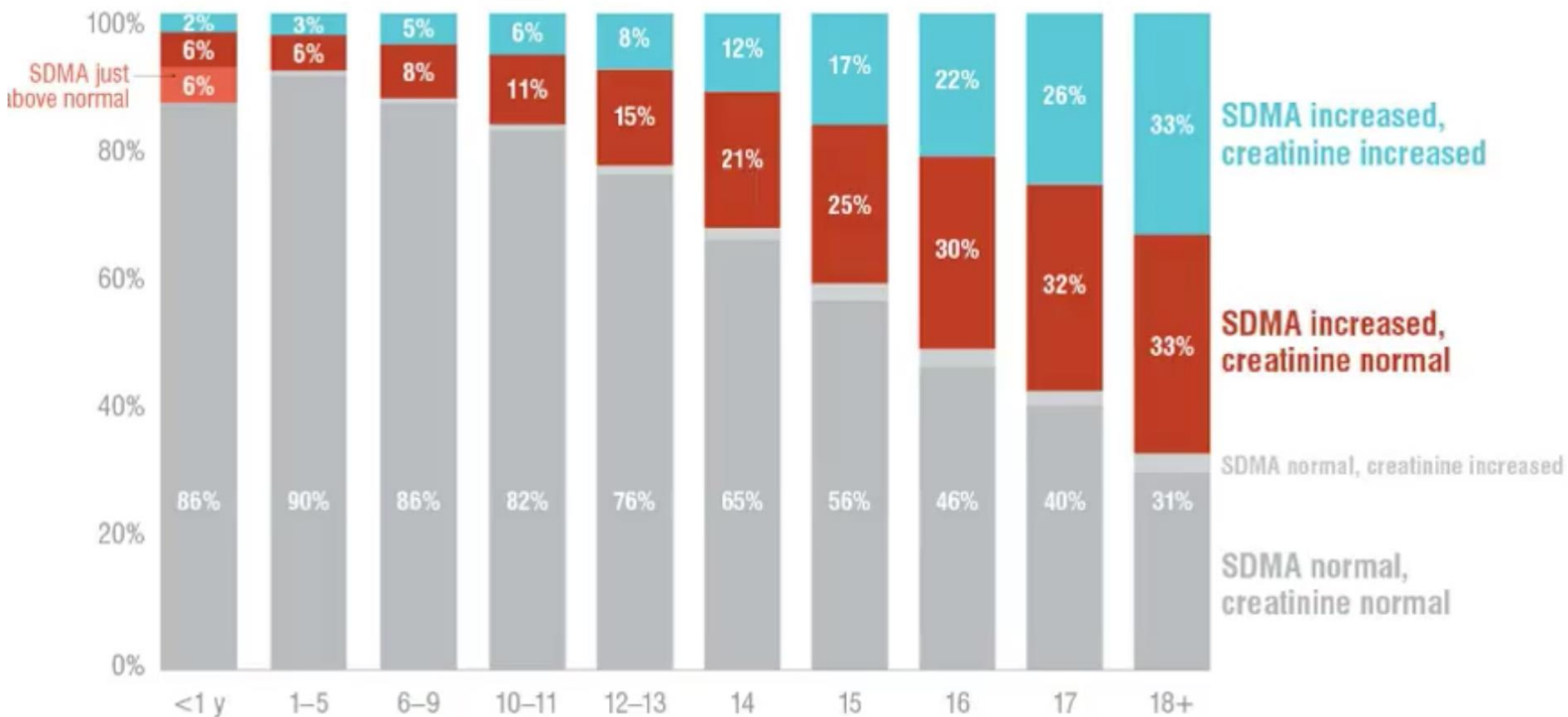


**SDMA**

**With SDMA**

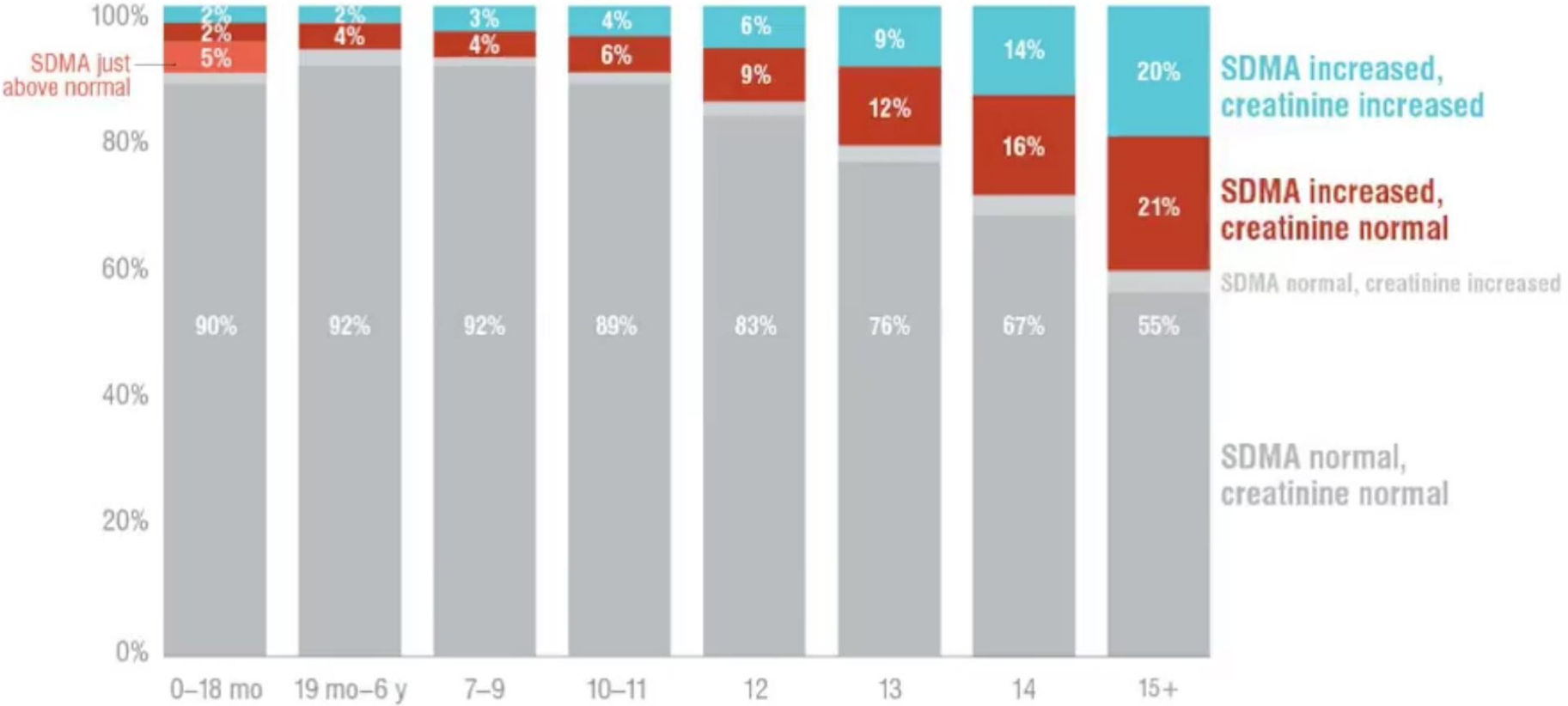
On average,  
**40%**  
loss of function

# 貓咪有SDMA之後

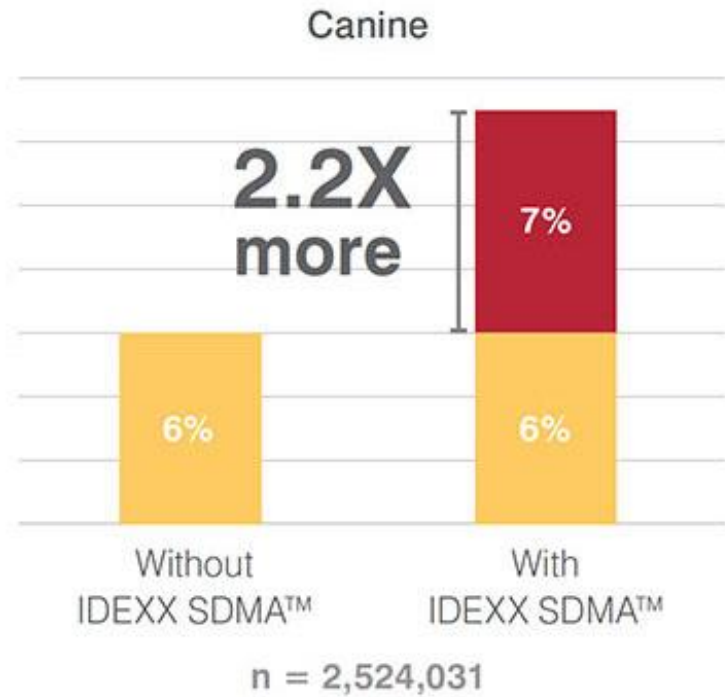
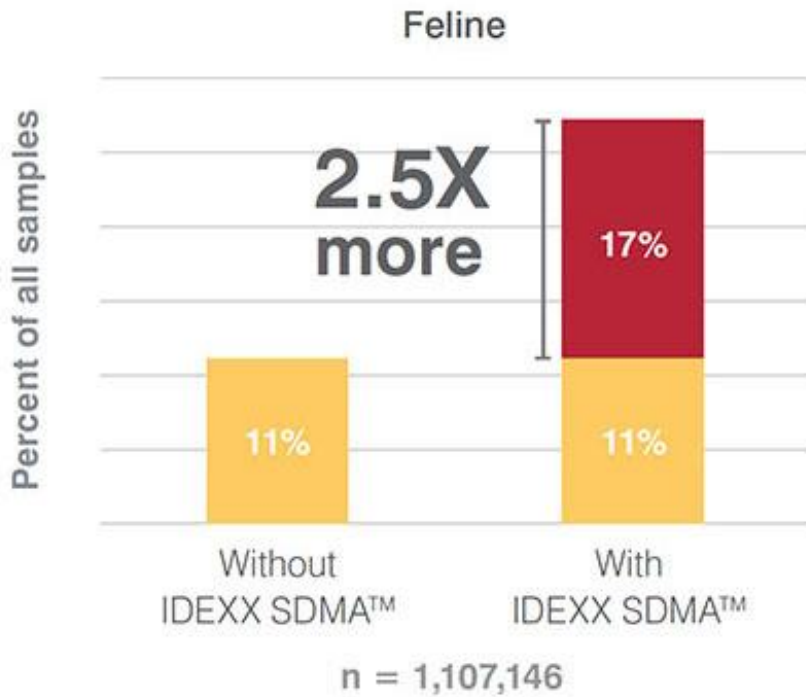




# 狗狗有SDMA之後



N=537,814



### Creatinine



Up to  
**75%**  
loss of kidney  
function

### SDMA



As little as  
**25%**  
loss of kidney  
function

# Take Home Message

- 搭配Cre，SDMA在每種狀況下的應用
- 完整腎臟的評估，尿液學檢查扮演極重要的角色
- 禁食後的Cre!!
- 謹慎的診斷腎臟疾病！

IDEXX SDMA™ 

**IDEXX SDMA™**

...reliability that's  
light years ahead

